


# August/September 2017

## Hot Breakfast Menu K-8

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>August 29</b>	<b>30</b>	<b>31</b>	<b>September 1</b>
	Tac-go Egg, Cheese, and Turkey Sausage Tortilla Fruit Choice Milk Choice	Stuffed Sandwich with Turkey Ham, Egg, and Cheese Fruit Choice Milk Choice	Whole Grain Glazed Cinnamon French Toast with Syrup Fruit Choice Milk Choice	Warm Cheese Grits Fruit Choice Milk Choice
<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
<b>NO SCHOOL</b> LABOR DAY 	Egg Frittata/Omlette with Cheese, and Turkey Sausage Hash Browns Fruit Choice Milk Choice	Egg and Cheese Whole Grain Breakfast Sandwich Fruit Choice Milk Choice	Mini Whole Grain Maple Pancakes with Syrup Fruit Choice Milk Choice	Warm Sweet Brown Sugar Grits Fruit Choice Milk Choice
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
Whole Grain Glazed Cinnamon French Toast with Syrup Fruit Choice Milk Choice	Egg Frittata/Omelet with Cheese and Turkey Sausage Banana Muffin Fruit Choice Milk Choice	Stuffed Sandwich with Turkey Bacon, Egg, and Cheese Fruit Choice Milk Choice	Whole Grain Mini-Waffles with Syrup Fruit Choice Milk Choice	Warm Cheese Grits Fruit Choice Milk Choice



<p style="text-align: right;"><b>18</b></p> <p>Mini Whole Grain Maple Pancakes with Syrup</p> <p>Fruit Choice</p> <p>Milk Choice</p>	<p style="text-align: right;"><b>19</b></p> <p>Omelet with Cheese</p> <p>Whole Grain Croissant</p> <p>Fruit Choice</p> <p>Milk Choice</p>	<p style="text-align: right;"><b>20</b></p> <p>Egg and American Cheese on a Whole Grain Bun</p> <p>Fruit Choice</p> <p>Milk Choice</p>	<p style="text-align: right;"><b>21</b></p> <p>Mini Whole Grain Blueberry Pancakes with Syrup</p> <p>Fruit Choice</p> <p>Milk Choice</p>	<p style="text-align: right;"><b>22</b></p> <p>Warm Sweet Brown Sugar Grits</p> <p>Fruit Choice</p> <p>Milk Choice</p>
<p style="text-align: right;"><b>25</b></p> <p>Whole Grain Mini-Waffles with Syrup</p> <p>Fruit Choice</p> <p>Milk Choice</p>	<p style="text-align: right;"><b>26</b></p> <p>Tac-go Egg, Cheese, and Turkey Sausage Tortilla</p> <p>Fruit Choice</p> <p>Milk Choice</p>	<p style="text-align: right;"><b>27</b></p> <p>Stuffed Sandwich with Turkey Ham, Egg, and Cheese</p> <p>Fruit Choice</p> <p>Milk Choice</p>	<p style="text-align: right;"><b>28</b></p> <p>Whole Grain Glazed Cinnamon French Toast with Syrup</p> <p>Fruit Choice</p> <p>Milk Choice</p>	<p style="text-align: right;"><b>29</b></p> <p>Warm Cheese Grits</p> <p>Fruit Choice</p> <p>Milk Choice</p>

We serve reduced sugar and whole grains every day!

All juices are 100% fruit juice with no added sugar!

Every breakfast comes with your choice of milk and fruit!

Eating a nutritious breakfast helps everyone fuel up for success in the classroom and beyond!

# Breakfast is offered EVERY morning!

This Is An Equal Opportunity Institution

