Daily routines are important. Start the day with singing a Good Morning song. Click on this link for a sample song [Jack Hartman Sing Along- It’s a Beautiful Day].

Click [Scholastic Learning at Home Pre-k Week 3] to automatically activate free access and daily links. Then click on the first story Bugs! Bugs! Bugs! from this link.

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1. Watch the Story or Listen to any story read or told by an adult
   - [Bug! Bugs! Bugs!](https://example.com) by Bob Barner
   - [Open Wide: Tooth School Inside](https://example.com) by Laurie Keller
   - [Waiting for Wings](https://example.com) by Lois Ehlert
   - [The Red Hen](https://example.com) by Rebecca and Ed Emberley
   - [Come On Rain!](https://example.com) by Karen Hesse

2. Read the Book or Listen to any story read or told by an adult
   - [A Ladybug Larva Grows Up](https://example.com) by Katie Marsisco
   - [Take Care of Your Teeth](https://example.com) by Don L. Curry
   - [World of Insects: Butterflies](https://example.com) by Martha E.H. Rustad
   - [This is the Way We Help at Home](https://example.com) by Amanda Miller
   - [Rainy Weather Days](https://example.com) by Pam Rosenberg

3. Daily Reading Quest
   - Listen as a grownup reads a book or tells a story to you. Then pick an activity from the list below! You can try a different activity every day, or repeat a favorite. **Draw or write about one of the suggestions below.**
     - Think about the events that happened in the story. Retell the story to a family member.
     - Think about all of the characters in the story. Which character do you like best? Tell a grownup why.
     - What was your favorite part of the story? Why was it your favorite part? Talk about it with a grownup.
     - Turn to a page in the book. Tell a grownup what is happening in the picture.
     - If you could change the end of the story, tell a grownup what would happen.

4. View Video or Talk/Draw about today’s theme.
   - Talk or draw about ladybugs. **Lovely Little ladybugs**
   - Talk or draw about cleaning your teeth. **How to Have a Healthy Smile**
   - Talk or draw about the life cycle of a butterfly. **The Life of a Butterfly**
   - Talk or draw about how kids can help. **Kids Take Care**
   - Talk or draw about rain. **It’s Raining, It’s Pouring**
| 5. Do an Activity | First, draw some ladybugs. Then count the spots.  
**Math Activity: Counting Ladybug Spots**  
**Actividad de matemática: ¡Contar los puntos de la mariquita!** |
|  | Go to the bathroom and brush your teeth.  
**Health Activity: Brushing Big Teeth**  
**Actividad de salud: Cepillar dientes GRANDES**  
  |
|  | Pretend you are a caterpillar changing into a butterfly.  
**Act-it-Out Activity: A Butterfly Changes**  
**Actividad de actuar: La mariposa se transforma**  
  |
|  | Draw yourself doing things to help out at home.  
**Drawing Activity: I'm a Big Helper!**  
**Actividad de dibujo: ¡Soy un gran ayudante!**  
  |
|  | Pretend it is raining. Draw and count the falling raindrops.  
**Math Activity: How Many Raindrops?**  
**Actividad de matemática: ¿Cuántas gotas de lluvia hay?**  
  |
| 6. Letters and Sounds | Practice writing Lowercase letter k  
Use paper and pencil or use a paper plate with sand, salt or flour to make the letter with your finger. Practice the sound for letter k. What are some words that begin with the /k/ sound?  
You may use these links for today’s letter:  
**Fundations Letters**  
Review the Fundations Letters and Sounds  
  |
|  | Practice writing Lowercase letter l  
Use paper and pencil or use a paper plate with sand, salt or flour to make the letter with your finger. Practice the sound for letter l. What are some words that begin with the /l/ sound?  
You may use these links for today’s letter:  
**Fundations Letters**  
Review the Fundations Letters and Sounds  
  |
|  | Practice writing Lowercase letter m  
Use paper and pencil or use a paper plate with sand, salt or flour to make the letter with your finger. Practice the sound for letter m. What are some words that begin with the /m/ sound?  
You may use these links for today’s letter:  
**Fundations Letters**  
Review the Fundations Letters and Sounds  
  |
|  | Practice writing Lowercase letter n  
Use paper and pencil or use a paper plate with sand, salt or flour to make the letter with your finger. Practice the sound for letter n. What are some words that begin with the /n/ sound?  
You may use these links for today’s letter:  
**Fundations Letters**  
Review the Fundations Letters and Sounds  
  |
|  | Practice writing Lowercase letter o  
Use paper and pencil or use a paper plate with sand, salt or flour to make the letter with your finger. Practice the sound for letter o. What are some words that begin with the /o/ sound?  
You may use these links for today’s letter:  
**Fundations Letters**  
Review the Fundations Letters and Sounds  
  |
| 7. Daily Math Activity | **Lady Bug Parade**  
Draw and cut out 5-10 ladybugs with different numbers of spots. Put them in a parade line from most spots to least spots.  
  |
|  | **Laundry Basket Sort**  
Help your family with the laundry. Sort to find all the socks. Then work to find all the pairs.  
  |
|  | **Squares or Rectangles**  
Look for things that are the shape of a square (slice of cheese) or a rectangle (granola bar). How are they the same or different?  
  |
|  | **3 Hens Lay Eggs!**  
Draw 3 hens laying sets of eggs. Write the number of eggs each hen has. Which hen has more eggs? Which hen has fewer eggs?  
  |
|  | **Pouring Sizes**  
Find 6 different containers like empty bottles, cups, glasses. Line them up from most full to least full. Pour amounts into each container and re-sort.  
  |
### 8. Music & Movement
- Put some music on and exercise!
- Or move along with: Jack Hartman - Exercise, Rhyme and Freeze
- Put some music on and exercise!
- Or move along with: Old Time Rock and Roll Dance Video
- Put some music on and exercise!
- Or move along with: Shake Our Sillies Out
- Put some music on and exercise!
- Or move along with: Go Noodle - Hopscotch
- Put some music on and exercise!
- Or move along with: Patty Shukla - Stand up, Sit Down

### 9. Outdoor Time
- Is it nice outside? Take a walk!
- Look for bugs (or other items outside). How many do you see?
- Is it nice outside? Take a walk!
- Practice jumping, skipping and hopping.
- Is it nice outside? Take a walk!
- Look for birds. Count how many birds you see?
- Is it nice outside? Take a walk!
- Practice balancing.
- Draw a line with chalk to see if you can stay on it.
- Is it nice outside? Take a walk!
- Do a movement pattern. Hop-Hop-Jump. Try your own!

### 10. Arts & Crafts
Make beautiful butterflies!
1. Give your child a coffee filter, paper towel, tissue or tissue paper and have them color on it with markers. Encourage them to make designs.
2. Have them hold up the coffee filter or paper towel, and spray with water. Let them watch the colors spread and run together.
3. Once the filter is dry, bunch it in the middle and wrap a pipe cleaner, string, yarn, paperclip, clothes pin or elastic band around it.

**Coffee Filter Butterflies**

### 11. Moment of Mindfulness
Try one of the activities listed below, or just have some quiet time to yourself.
1. Stretch your hands really high, hold for at least 5 seconds then slowly let your hands fall back down.
2. Hug yourself tight and take 3 big slow breaths in and out. Do this 3 times.
3. Slowly match each finger 1 by 1 to your thumb. Do with 1 hand, then the other.
4. Breathe in to fill your bubble, hold for 5 seconds and slowly breathe out. Repeat 3 times.
5. Cosmic Zen Den

### 12. Family Share
Please share a photo or description of something your child drew or wrote about from this week’s learning with your child’s teachers. Send/share by Friday.

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