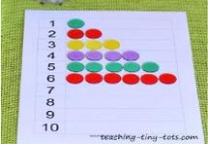


Daily routines are important. Start the day with singing a Good Morning song. Click on this link for a sample song [Jack Hartman Sing Along- It's a Beautiful Day](#).

Families that are using links for Scholastic Bookflix 1. Watch the Story and 2. Read the Book enter **user name:** Learning20 **password:** Clifford

Week #7	Day 31	Day 32	Day 33	Day 34	Day 35
Theme	Health and Nutrition: Healthy Food	Physical Science: Machines	Healthy Habits: Bicycle Safety	Physical Science: Building	Earth Science: Seashore
1. Watch the Story or Listen to any story read or told by an adult.	Strega Nona (ES) by Tommie de Paola	I'm Dirty (ES) by Kate and Jim McMullan	Duck on a Bike (ES) by David Shannon	This is the House that Jack Built by Simms Taback	Where the WILD Things Are (ES) by Maurice Sendak
2. Read the Book or Listen to any story read or told by an adult.	Grains (ES) by Carol Alexander	Mighty Machines Backhoes Blastoff Readers	Bicycle Safety (ES) by Lisa Herrington	Totally Strange Buildings by Lisa Herrington	Where Land Meets Sea (ES) by Allan Fowler
3. Daily Reading Quest	<p>Listen as a grownup reads a book or tells a story to you. Then pick an activity from the list below! You can try a different activity every day, or repeat a favorite. <u>Draw, write or talk about one of the suggestions below with a grown-up.</u></p> <ul style="list-style-type: none"> • Look at the title and cover picture of the book. Draw, write or talk about what you think the story will be about. • Think about the characters in the book. Draw, write or talk about a character you would like to pretend to be. • Was there a problem in the story? Draw, write or talk about the problem and/or solution to the problem. • What part of the story surprised you? Draw, write or talk about why that part surprised you. • Look at the pictures. Draw, write or talk about how a picture helped you understand the story or book. 				
4. View the Video or Talk and/or draw about today's theme.	Let's Eat Talk and/or draw about healthy food.	Build an Epic Sandcastle Talk and/or draw about machines.	Protect your Head Talk and/or draw about bicycle safety.	Veronica the LEGO Master Talk and/or draw about building.	Let's Stop Erosion Talk and/or draw about your neighborhood.

<p>5. Do an Activity</p>	<p>Magic Pasta Art Create a picture by gluing the different types of pasta to the paper. Use the crayons to make it colorful.</p> <p>Materials: Different shaped pastas Paper Glue Crayons</p> 	<p>Weight Scale Children will create a homemade weight scale using a hanger, string or yarn and cups. They can then weigh items to see how heavy or light the item is.</p> 	<p>Safety Signals Review bicycle hand signals for stop, left turn, and right turn with child. Bicycle Signals Video Have your child ride a bicycle outside and practice the different signals for stop, left turn, and right turn.</p> 	<p>Build a Sailboat Make a sailboat with an egg carton and square cuts of paper and twigs from outside. You can decorate your sails, and color your boat. Pretend to sail it around the house.</p> 	<p>What's in the Bag? Place some fruits or vegetables in a bag. Ask your child to feel the inside of the bag and guess which fruit or vegetable they are feeling.</p> 
<p>6. Letters and Sounds</p>	<p>Practice writing Uppercase letter F Use paper and pencil or use a paper plate with sand, salt or flour to make the letter with your finger. Practice the sound for letter F. What are some words that begin with the /f/ sound? Uppercase Formation Letters and Sounds</p>	<p>Practice writing Uppercase letter G Use paper and pencil or use a paper plate with sand, salt or flour to make the letter with your finger. Practice the sound for letter G. What are some words that begin with the /g/ sound? Uppercase Formation Letters and Sounds</p>	<p>Practice writing Uppercase letter H Use paper and pencil or use a paper plate with sand, salt or flour to make the letter with your finger. Practice the sound for letter H. What are some words that begin with the /h/ sound? Uppercase Formation Letters and Sounds</p>	<p>Practice writing Uppercase letter I Use paper and pencil or use a paper plate with sand, salt or flour to make the letter with your finger. Practice the sound for letter I. What are some words that begin with the /i/ sound? Uppercase Formation Letters and Sounds</p>	<p>Practice writing Uppercase letter J Use paper and pencil or use a paper plate with sand, salt or flour to make the letter with your finger. Practice the sound for letter J. What are some words that begin with the /j/ sound? Uppercase Formation Letters and Sounds</p>
<p>7. Daily Math Activity</p>	<p>How Many Will Fit in Here? Find a small box or bag. Gather some small toys/items from around your house.</p>	<p>Heavy or Light? Using the previously made scale, children will collect small items from around the house and compare the weights. Sort heavy</p>	<p>Colorful Counters Take a sheet of paper and write numbers from 1-10. The number goes top to bottom. One number on each</p>	<p>Shape Houses Create a house using shapes. How many shapes did you use? How many of each did you use to make your</p>	<p>Fish Count Use goldfish snacks or create your own fish. Count all your fish. How many are there? Write a number and put it</p>

	<p>Estimate how many things will fit in the box. Count as you add your items to the box. What number did you come up with? Is it more, less or equal to your estimate?</p> 	<p>items on one plate and light items on another. or Put a different object in each hand. Close your eyes, which one is heavier? Tell someone about it.</p> 	<p>line. Take a bunch of colorful buttons (or other counters). The student sees the number, reads it loud and places that many numbers of buttons corresponding to the actual number.</p> 	<p>house?</p> 	<p>next to the empty bowl (or drawn bowl). Ask the student to identify the number and put that many goldfish crackers in the bowl. Do you have tweezers? use those to pick up your goldfish. Was that hard to do?</p> 
<p>8. Music & Movement</p>	<p>Put some music on and dance! or move along with: Spaghetti Eddie</p>	<p>Put some music on and dance! or move along with: Machines in Motion-Jack Hartmann</p>	<p>Put some music on and dance! or move along with: Bicycle Song-Patty Shakula</p>	<p>Put some music on and dance! or move along with: Schoolhouse Noodle</p>	<p>Put some music on and dance! or move along with: Baby Shark</p>
<p>9. Outdoor Time</p>	<p>Go outside! In your backyard or private area, have a picnic with your family. Make sure to pack fruits and vegetables.</p> 	<p>Go Outside! Count how many machines you see in your neighborhood (backhoes, diggers, garbage truck, cement truck, etc.)</p>	<p>Go outside! There are many things to smell in spring! Can you name three things that you find outside that have a special smell? Which smell do you like the best?</p>	<p>Go outside! Go outside and create a sidewalk obstacle course. Practice hopping, skipping, jumping and galloping!</p> 	<p>Go outside! Use chalk to draw some circles on the ground. Wet some sponges and allow your child to try and throw the sponges in the middle of the target.</p> 

<p>10. Arts & Crafts</p>	<p>Make a Fish</p> <p>Begin by drawing a fish shape on a piece of cardboard and cutting it out. Then wrap your fish in foil – we used kitchen foil wrap, nothing fancy! Once your fish is covered in the foil it's then time to add your design. You can use acrylic paint, oil pastel crayons or permanent markers.</p> 	<p>Paper Bag Buildings</p> <p>Make a paper bag house by having your child do any of the following:</p> <ol style="list-style-type: none"> 1. Use the templates that web provides 2. Draw the windows and doors on the paper bag 3. Glue pieces of construction paper on to represent features in the buildings. <p>Paper Bag Village</p> 
<p>11. Moment of Mindfulness</p>	<p><u>Finger Breathing</u></p> <ol style="list-style-type: none"> 1. Hold up one hand with your fingers spread apart 2. Place your pointer finger of your other hand next to the thumb of the hand you are holding up 3. Slide your finger up your thumb as you breathe in 4. Slide your finger down the inside of your thumb as you breathe out 5. Continue up and down each finger, breathing in as you go up and out as you go down 6. Watch here: Cosmic Kids Yoga <p>Or</p> <p>3 Minute Body Scan Meditation for kids. 3 Minute Guided Scan</p>	
<p>12. Family Share</p>	<p>Please share a photo or description of something your child drew or wrote about from this week's learning with your child's teachers.</p>	