

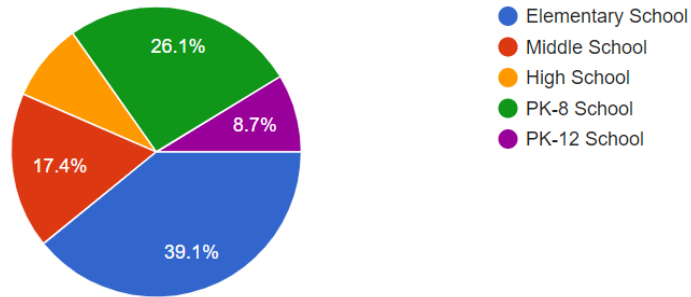
HPS School Wellness Survey Results

23 schools completed the survey – about half of our schools last year

0=not implemented 1= partially implemented 2=fully implemented

Level

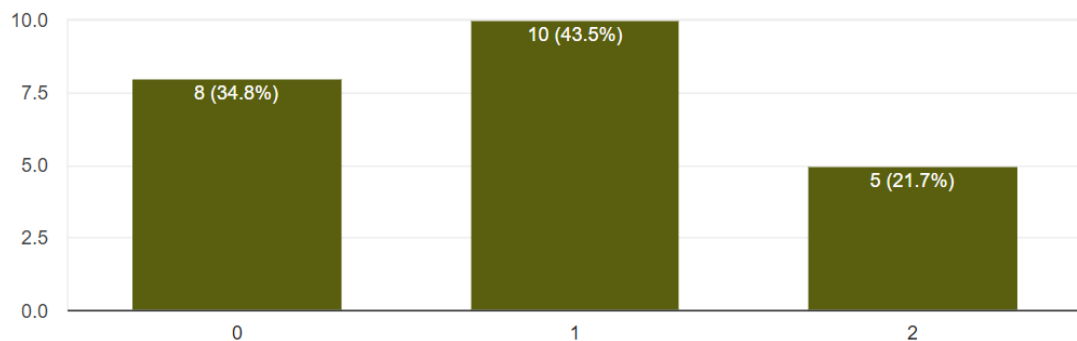
23 responses



Nutrition Education and Promotion

A comprehensive health education program implemented sequentially will ensure that nutrition education is taught at all grade levels in an appropriate manner, delivering key concepts and honing on the skills necessary to develop the functional, nutritionally literate student for life.

23 responses



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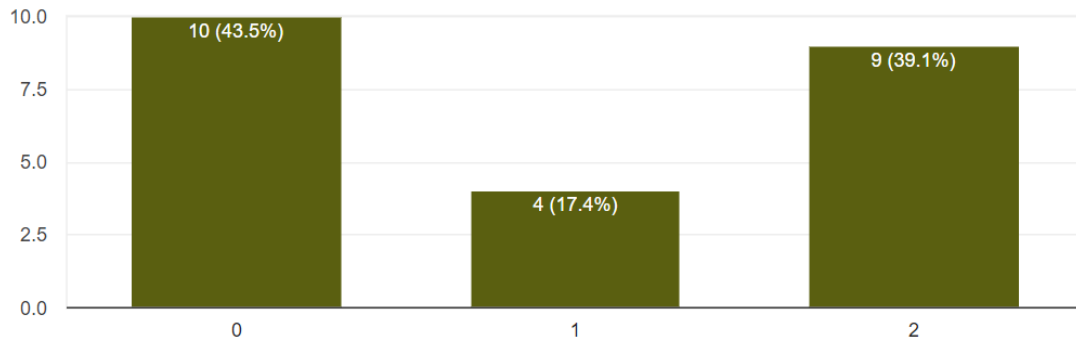
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Nutrition education is taught by state-certified health education teachers or other qualified school staff.



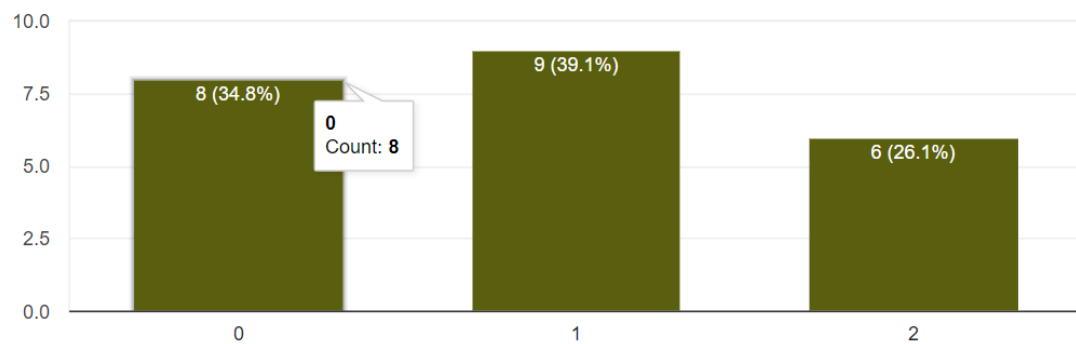
23 responses



The school shares consistent and reinforcing health information with families and the broader community to positively impact students and the health of the community.



23 responses



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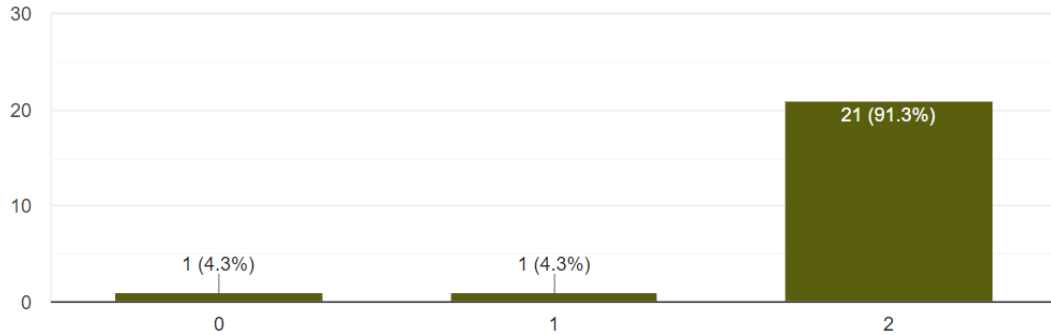
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Physical Education

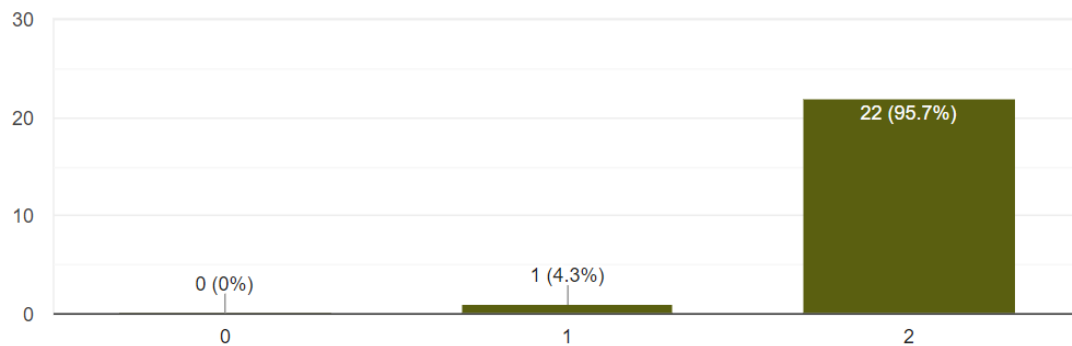
PE classes have a student/teacher ratio similar to other classes.

23 responses



The school has time allotted for physical education in accordance with existing state standards/guidelines.

23 responses



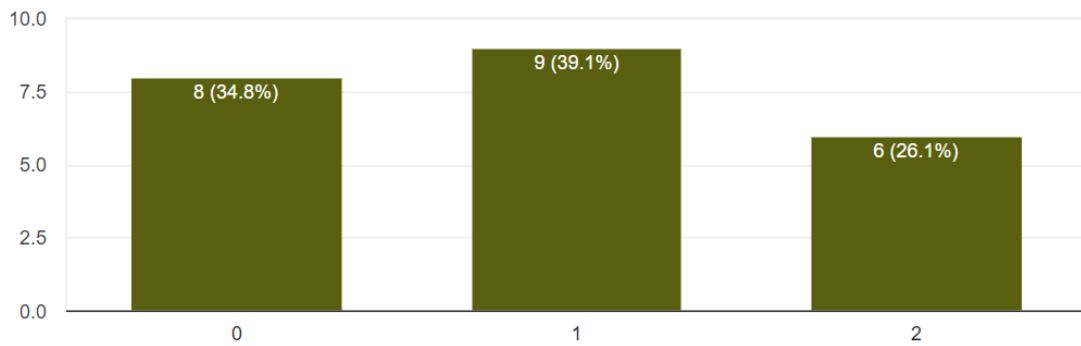
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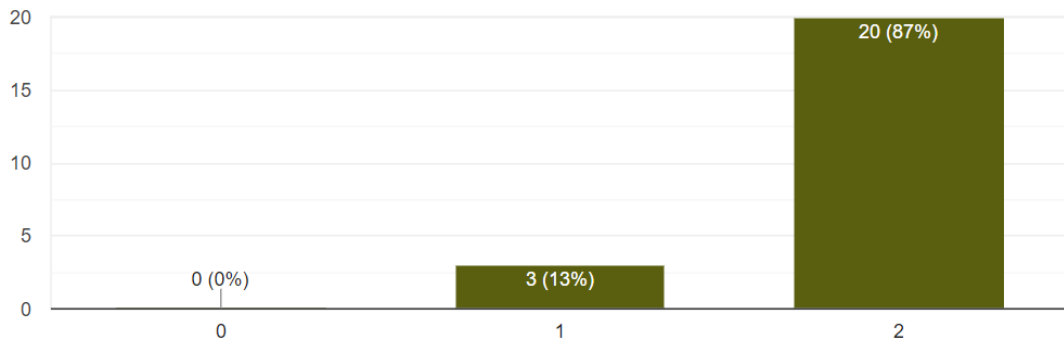
The school provides information to families to help them incorporate physical activity into their daily lives.

23 responses



The school provides adequate equipment available for all students to participate in physical education.

23 responses



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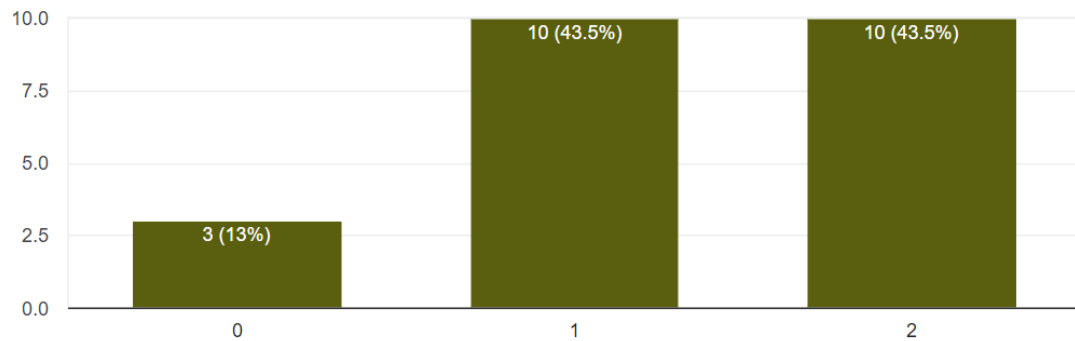
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Physical Activity

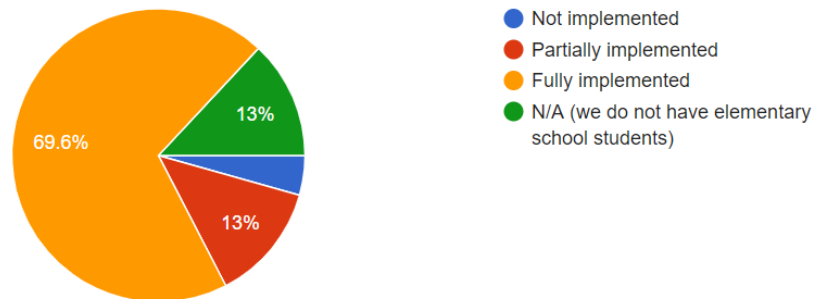
Physical activity is integrated across curricula and throughout the school day.

23 responses



All elementary school students (PK-5) have at least 20 minutes per day of supervised recess, preferably outdoors, during which the school encourages moderate to vigorous physical activity.

23 responses



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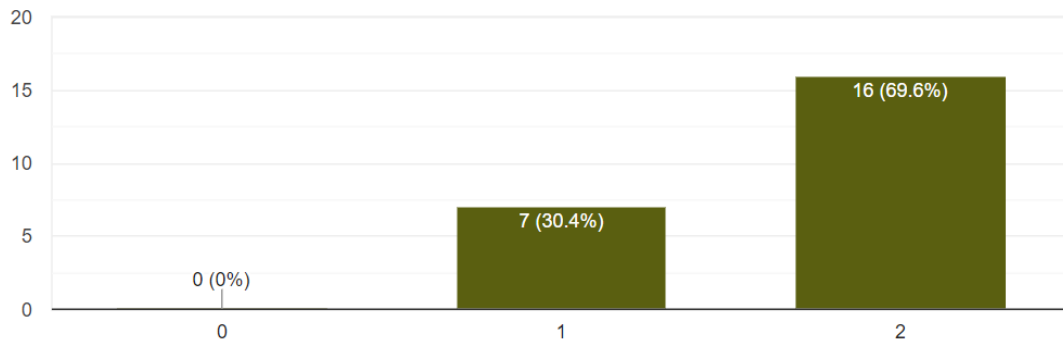
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School Meals

Emphasis is placed on foods that are nutrient-rich, such as fresh fruits and vegetables, whole grains, low fat dairy, lean meats, legumes, and seeds.

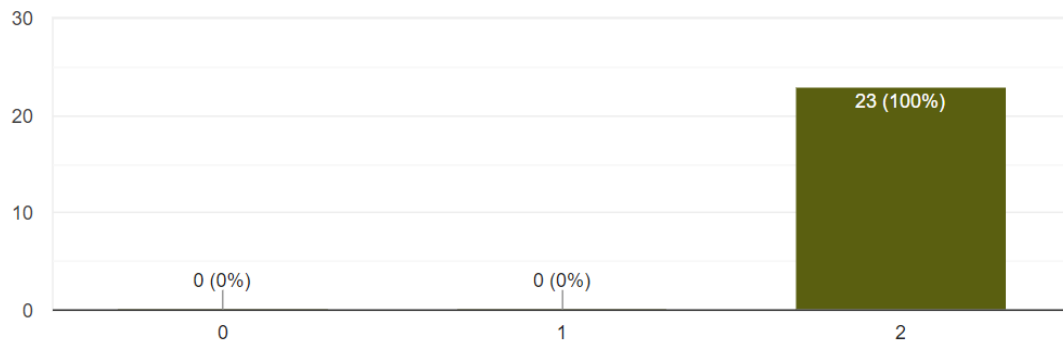


23 responses



A School Breakfast Program operates in the school and students are encouraged to eat a healthy breakfast.

23 responses



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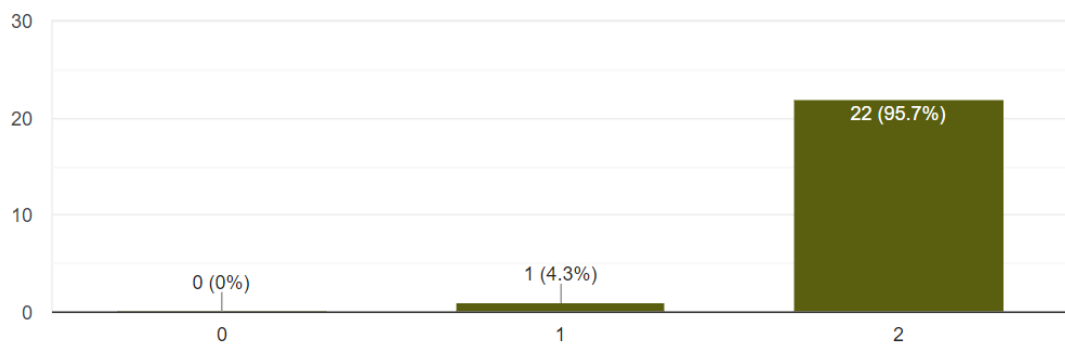
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Nutrition Standards for School Foods and Beverages

All sources of food and beverage sales to students at school comply with the Connecticut Nutrition Standards. This includes school stores, vending machines, school cafeterias, and any fundraising activities on school premises.



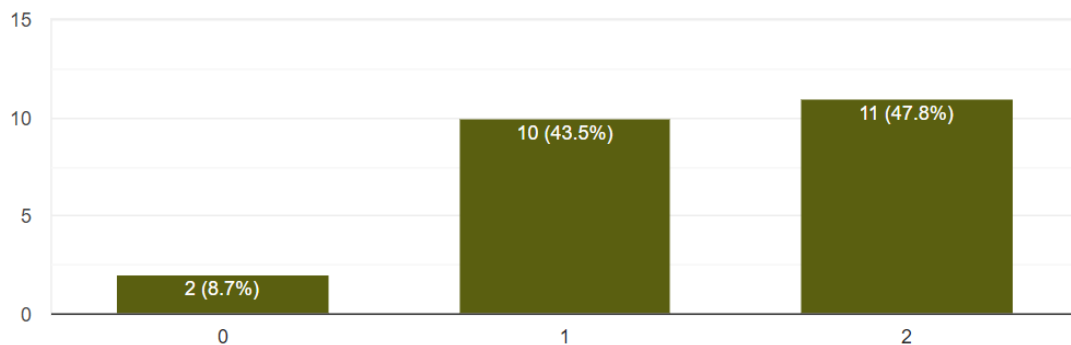
23 responses



Foods and beverages served at school celebrations meet the Connecticut Nutrition Standards and the beverage requirements of state statute.



23 responses



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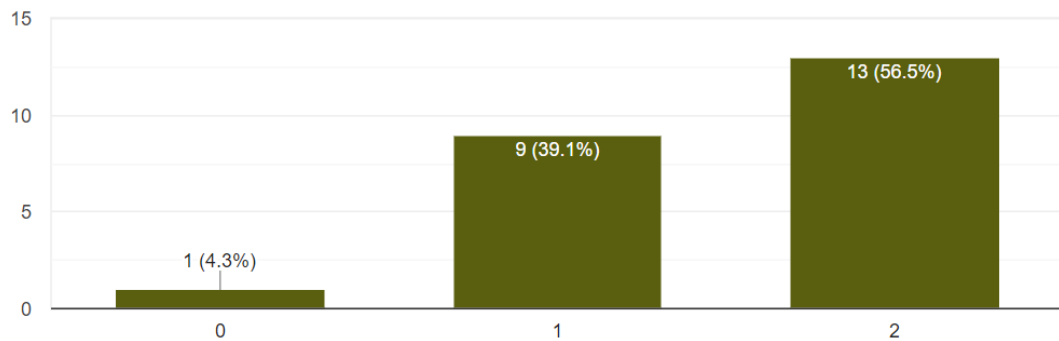
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Other Activities that Promote Student Wellness

School staff members are discouraged from using food as a reward or punishment.

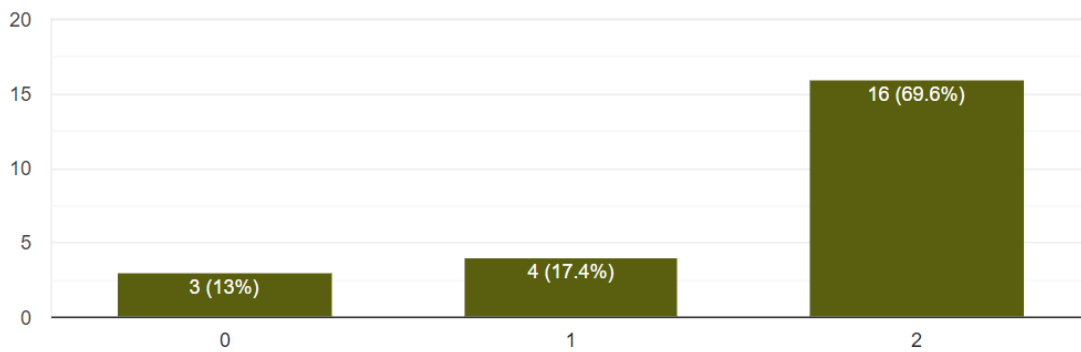


23 responses



The school discourages students from sharing their foods or beverages with one another during meal or snack times, given concerns with allergies or other special nutritional needs of students.

23 responses



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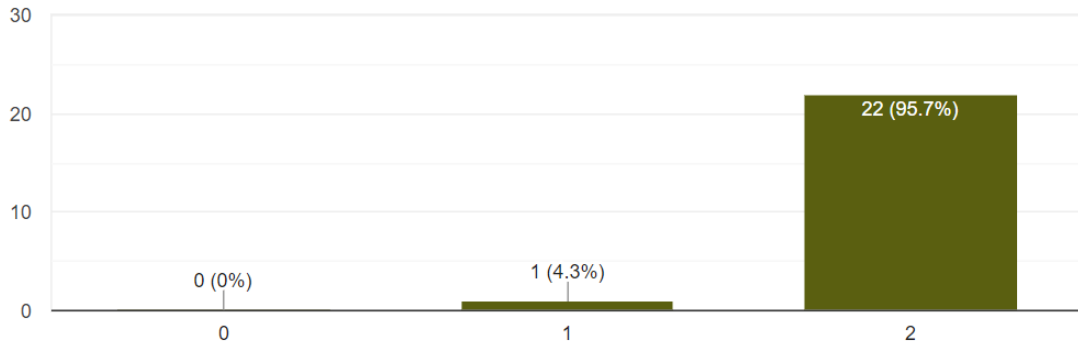
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The school ensures compliance with Connecticut State mandated physicals, immunizations, and health screenings at state-determined grade levels.



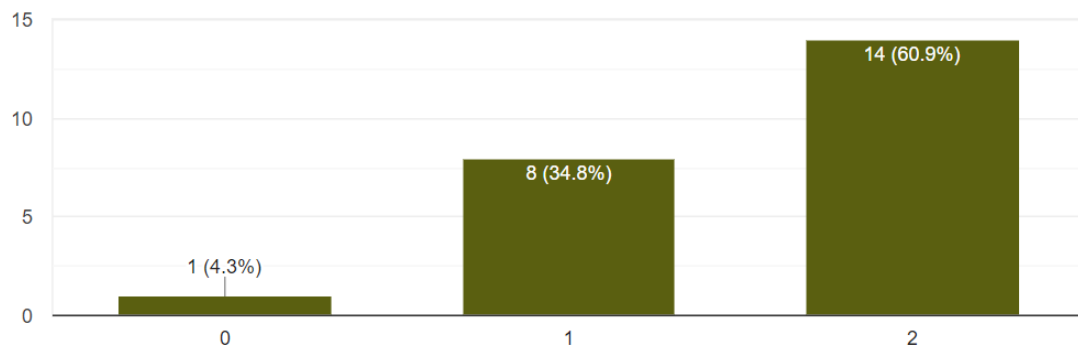
23 responses



Wellness policy goals are given priority when planning all school-based activities such as school events, field trips, dances, and assemblies.



23 responses



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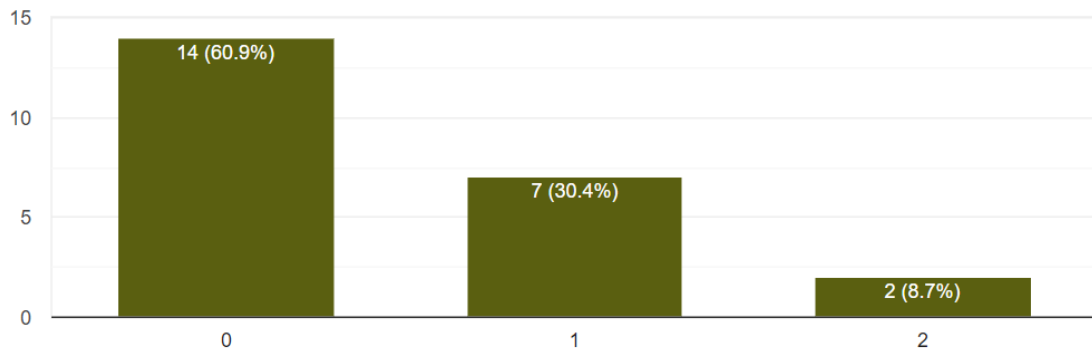
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The school has a wellness committee which is comprised of families, teachers, administrators, and students to plan, implement, and improve nutrition and physical activity in the school environment.



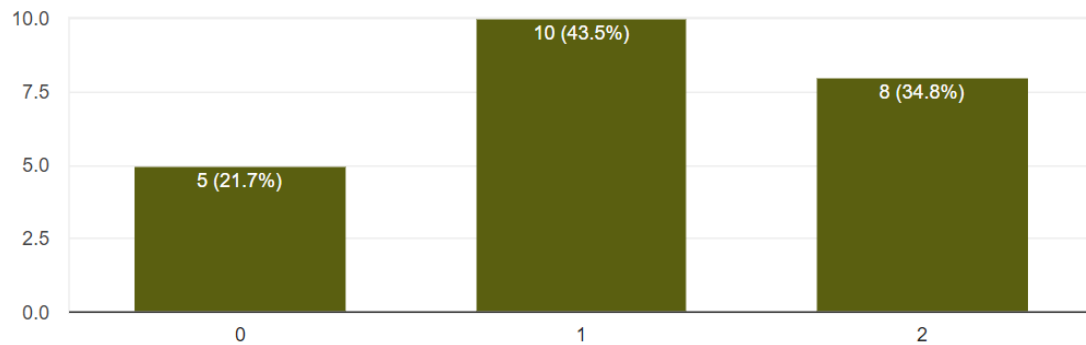
23 responses



Staff Wellness

The school plans and implements activities and policies that support personal efforts by staff members to maintain a healthy lifestyle.

23 responses



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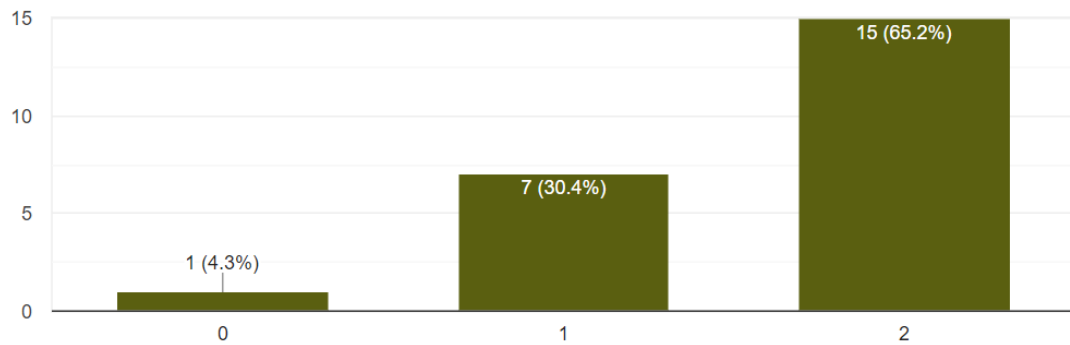
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Communication and Promotion

The school considers student needs in planning for healthy school nutrition environments.

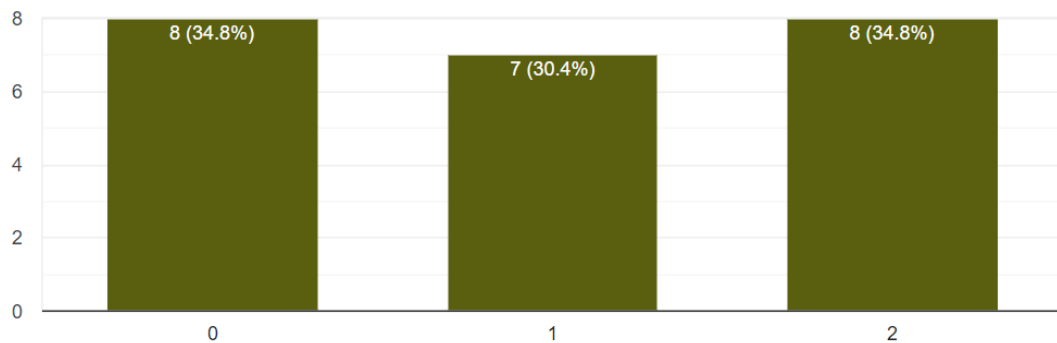
23 responses



The school partners with community organizations to provide consistent health messages.



23 responses



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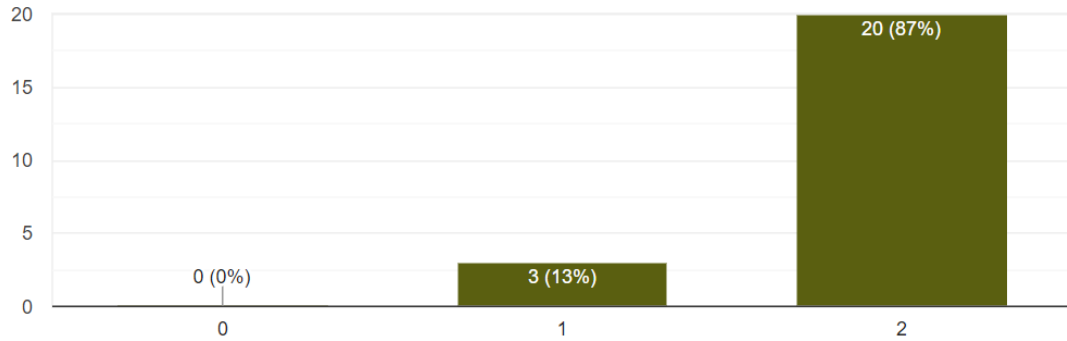
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Social and Emotional Wellness

Mental health counseling services is available for all students.



23 responses



Confidential Employee Assistance Programs are available and well publicized.



23 responses

