

NOVEMBER 2017

HOT BREAKFAST MENU K-8



Where the future is present.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

		1 Stuffed Whole Grain Sandwich with Turkey Ham, Egg, and Cheese Fruit Choice Milk Choice	2 Whole Grain Glazed Cinnamon French Toast with Syrup Fruit Choice Milk Choice	3 Warm Sweet Brown Sugar Grits Fruit Choice Milk Choice
6 Whole Grain Chicken and Sausage Biscuit Fruit Choice Milk Choice	7 PROFESSIONAL DEVELOPMENT NO SCHOOL	8 Stuffed Whole Grain Croissant with Turkey Ham, Egg, and Cheese Fruit Choice Milk Choice	9 Mini Whole Grain Blueberry Pancakes, with Syrup Fruit Choice Milk Choice	10 VETERANS DAY NO SCHOOL
13 Whole Grain Glazed Cinnamon French Toast with Syrup Fruit Choice Milk Choice	14 Tac-go Egg, Cheese, and Turkey Sausage Whole Grain Tortilla Fruit Choice Milk Choice	15 Mini Whole Grain Maple Pancakes, with Syrup Fruit Choice Milk Choice	16 Egg and Cheese Sandwich on a Whole Grain English Muffin Hash Brown Patty Fruit Choice Milk Choice	17 Warm Whole Grain Oatmeal Fruit Choice Milk Choice

20	21	22	23	24
<p>Whole Grain Chicken and Sausage Biscuit</p> <p>Fruit Choice</p> <p>Milk Choice</p>	<p>Mini Whole Grain Maple Waffles, with Syrup</p> <p>Fruit Choice</p> <p>Milk Choice</p>	<p>Stuffed Whole Grain Croissant with Turkey Bacon, Egg, and Cheese</p> <p>Fruit Choice</p> <p>Milk Choice</p>	<p>THANKSGIVING RECESS</p>	<p>THANKSGIVING RECESS</p>
27	28	29	30	
<p>Whole Grain Glazed Cinnamon French Toast with Syrup</p> <p>Fruit Choice</p> <p>Milk Choice</p>	<p>Tac-go Egg, Cheese, and Turkey Sausage Whole Grain Tortilla</p> <p>Fruit Choice</p> <p>Milk Choice</p>	<p>Mini Whole Grain Maple Pancakes, with Syrup</p> <p>Fruit Choice</p> <p>Milk Choice</p>	<p>Egg and Cheese Sandwich on a Whole Grain English Muffin</p> <p>Fruit Choice</p> <p>Milk Choice</p>	

We serve reduced sugar and whole grains every day!

All juices are 100% fruit juice with no added sugar!

**Eating a nutritious breakfast helps everyone fuel up
for success in the classroom and beyond!**

Breakfast is offered EVERY morning!

*Although we make every effort to
serve menus as planned, this menu
may change without notice.*

This Is An Equal Opportunity Institution