

# OCTOBER 2018 BREAKFAST KIT MENU

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

<p style="text-align: right;"><b>1</b></p> <p>Whole Grain Smart Choice Banana Muffin Whole Grain Giant Cinnamon Goldfish Grahams Unsweetened Applesauce Milk Choice</p>	<p style="text-align: right;"><b>2</b></p> <p>Whole Grain Rice Chex Sunflower Seeds 100% Juice Fruit Cup (Raisins may be substituted for Fruit Cup) Milk Choice</p>	<p style="text-align: right;"><b>3</b></p> <p>Whole Grain Cinnamon Toast Crunch Whole Grain Cinnamon Grahams 100% Apple Juice Raisins Milk Choice</p>	<p style="text-align: right;"><b>4</b></p> <p>Whole Grain Golden Grahams Whole Grain Animal Crackers 100% Apple Juice Raisins Milk Choice</p>	<p style="text-align: right;"><b>5</b></p> <p>Multigrain Cherrios Whole Grain Cheddar Goldfish 100% Fruit Juice Raisins Milk Choice</p>
<p style="text-align: right;"><b>8</b></p> <p>Whole Grain Apple Muffin Top Whole Grain Cinnamon Grahams Unsweetened Applesauce Raisins Milk Choice</p>	<p style="text-align: right;"><b>9</b></p> <p>Multigrain Cherrios Whole Grain Whole Grain Cheddar Goldfish 100% Fruit Juice Raisins Milk Choice</p>	<p style="text-align: right;"><b>10</b></p> <p>Whole Grain Cinnamon Toast Crunch Whole Grain Cinnamon Grahams 100% Apple Juice Raisins Milk Choice</p>	<p style="text-align: right;"><b>11</b></p> <p>Whole Grain Golden Grahams Whole Grain Animal Crackers 100% Apple Juice Raisins Milk Choice</p>	<p style="text-align: right;"><b>12</b></p> <p>Whole Grain Smart Choice Banana Muffin Whole Grain Giant Cinnamon Goldfish Grahams Unsweetened Applesauce Milk Choice</p>
<p style="text-align: right;"><b>15</b></p> <p>Whole Grain Rice Chex Sunflower Seeds 100% Juice Fruit Cup (Raisins may be substituted for Fruit Cup) Milk Choice</p>	<p style="text-align: right;"><b>16</b></p> <p>Whole Grain Apple Muffin Top Whole Grain Cinnamon Grahams Unsweetened Applesauce Raisins Milk Choice</p>	<p style="text-align: right;"><b>17</b></p> <p>Multigrain Cherrios Whole Grain Cheddar Goldfish 100% Fruit Juice Raisins Milk Choice</p>	<p style="text-align: right;"><b>18</b></p> <p>Whole Grain Golden Grahams Whole Grain Animal Crackers 100% Apple Juice Raisins Milk Choice</p>	<p style="text-align: right;"><b>19</b></p> <p>Whole Grain Cinnamon Toast Crunch Whole Grain Cinnamon Grahams 100% Apple Juice Raisins Milk Choice</p>

<p style="text-align: right;"><b>22</b></p> <p>Whole Grain Smart Choice Banana Muffin Whole Grain Giant Cinnamon Goldfish Grahams Unsweetened Applesauce Milk Choice</p>	<p style="text-align: right;"><b>23</b></p> <p>Whole Grain Rice Chex Sunflower Seeds 100% Juice Fruit Cup (Raisins may be substituted for Fruit Cup) Milk Choice</p>	<p style="text-align: right;"><b>24</b></p> <p>Whole Grain Cinnamon Toast Crunch Whole Grain Cinnamon Grahams 100% Apple Juice Raisins Milk Choice</p>	<p style="text-align: right;"><b>25</b></p> <p>Whole Grain Golden Grahams Whole Grain Animal Crackers 100% Apple Juice Raisins Milk Choice</p>	<p style="text-align: right;"><b>26</b></p> <p>Multigrain Cheerios Whole Grain Cheddar Goldfish 100% Fruit Juice Raisins Milk Choice</p>
<p style="text-align: right;"><b>29</b></p> <p>Whole Grain Apple Muffin Top Whole Grain Cinnamon Grahams Unsweetened Applesauce Raisins Milk Choice</p>	<p style="text-align: right;"><b>30</b></p> <p>Multigrain Cheerios Whole Grain Cheddar Goldfish 100% Fruit Juice Raisins Milk Choice</p>	<p style="text-align: right;"><b>31</b></p> <p>Whole Grain Cinnamon Toast Crunch Whole Grain Cinnamon Grahams 100% Apple Juice Raisins Milk Choice</p>		

We serve reduced sugar and whole grains every day!

All juices are 100% fruit juice with no added sugar!

Eating a nutritious breakfast helps everyone fuel up for success in the classroom and beyond!

**Breakfast is offered EVERY morning!**

Although we make every effort to serve menus as planned, this menu may change without notice.

This Is An Equal Opportunity Institution