

NOVEMBER 2018

BREAKFAST KIT MENU



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

			<p>1</p> <p>Whole Grain Golden Grahams Whole Grain Animal Crackers 100% Apple Juice Raisins Milk Choice</p>	<p>2</p> <p>Whole Grain Banana Muffin Whole Grain Giant Cinnamon Goldfish Grahams Unsweetened Applesauce Raisins Milk Choice</p>
<p>5</p> <p>Whole Grain Rice Chex Sunflower Seeds 100% Juice Fruit Cup (Raisins may be substituted for Fruit Cup) Milk Choice</p>	<p>6</p> <p>PROFESSIONAL DEVELOPMENT NO SCHOOL</p>	<p>7</p> <p>Multigrain Cherrios Whole Grain Cheddar Goldfish 100% Fruit Juice Raisins Milk Choice</p>	<p>8</p> <p>Whole Grain Cinnamon Elf Grahams Sunbutter Cup 100% Fruit Juice Fresh Apple Slices Milk Choice</p>	<p>9</p> <p>Reduced Sugar Whole Grain Cinnamon Toast Crunch Whole Grain Cinnamon Grahams 100% Apple Juice Raisins Milk Choice</p>
<p>12</p> <p>VETERANS DAY NO SCHOOL</p>	<p>13</p> <p>Whole Grain Rice Chex Sunflower Seeds 100% Juice Fruit Cup (Raisins may be substituted for Fruit Cup) Milk Choice</p>	<p>14</p> <p>Reduced Sugar Whole Grain Cinnamon Toast Crunch Whole Grain Cinnamon Grahams 100% Apple Juice Raisins Milk Choice</p>	<p>15</p> <p>Whole Grain Banana Muffin Low Fat Cheese Stick 100% Fruit Juice Fresh Apple Slices Milk Choice</p>	<p>16</p> <p>Multigrain Cherrios Whole Grain Cheddar Goldfish 100% Fruit Juice Raisins Milk Choice</p>

<p style="text-align: right;">19</p> <p>Whole Grain Apple Muffin Top Whole Grain Cinnamon Grahams Unsweetened Applesauce Raisins Milk Choice</p>	<p style="text-align: right;">20</p> <p>Multigrain Cherrios Whole Grain Cheddar Goldfish 100% Fruit Juice Raisins Milk Choice</p>	<p style="text-align: right;">21</p> <p>EARLY RELEASE Reduced Sugar Whole Grain Cinnamon Toast Crunch Whole Grain Cinnamon Grahams 100% Apple Juice Raisins Milk Choice</p>	<p style="text-align: right;">22</p> <p>THANKSGIVING RECESS</p>	<p style="text-align: right;">23</p> <p>THANKSGIVING RECESS</p>
<p style="text-align: right;">26</p> <p>Whole Grain Rice Chex Sunflower Seeds 100% Juice Fruit Cup (Raisins may be substituted for Fruit Cup) Milk Choice</p>	<p style="text-align: right;">27</p> <p>Whole Grain Apple Muffin Top Whole Grain Cinnamon Grahams Unsweetened Applesauce Raisins Milk Choice</p>	<p style="text-align: right;">28</p> <p>Multigrain Cherrios Whole Grain Cheddar Goldfish 100% Fruit Juice Raisins Milk Choice</p>	<p style="text-align: right;">29</p> <p>Whole Grain Cinnamon Elf Grahams Sunbutter Cup 100% Fruit Juice Fresh Apple Slices Milk Choice</p>	<p style="text-align: right;">30</p> <p>Reduced Sugar Whole Grain Cinnamon Toast Crunch Whole Grain Cinnamon Grahams 100% Apple Juice Raisins Milk Choice</p>

We serve reduced sugar and whole grains every day!

All juices are 100% fruit juice with no added sugar!

Eating a nutritious breakfast helps everyone fuel up for success in the classroom and beyond!

Breakfast is offered EVERY morning!

Although we make every effort to serve menus as planned, this menu may change without notice.

This Is An Equal Opportunity Institution