

# NOVEMBER 2018

## HOT BREAKFAST MENU GRADES K-8



Where the future is present.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

			<p>1</p> <p>Mini Whole Grain Maple Pancakes, with Syrup</p> <p>Fruit Choice</p> <p>Milk Choice</p>	<p>2</p> <p>Warm Whole Grain Oatmeal</p> <p>Fruit Choice</p> <p>Milk Choice</p>
<p>5</p> <p>Mini Whole Grain Maple Waffles, with Syrup</p> <p>Fruit Choice</p> <p>Milk Choice</p>	<p>6</p> <p>PROFESSIONAL DEVELOPMENT</p> <p>NO SCHOOL</p>	<p>7</p> <p>Mini Whole Grain Blueberry Pancakes, with Syrup</p> <p>Fruit Choice</p> <p>Milk Choice</p>	<p>8</p> <p>Stuffed Whole Grain Croissant with Turkey Ham, Egg, and Cheese</p> <p>Fruit Choice</p> <p>Milk Choice</p>	<p>9</p> <p>Warm Whole Grain Cheese Grits</p> <p>Fruit Choice</p> <p>Milk Choice</p>
<p>12</p> <p>VETERANS DAY</p> <p>NO SCHOOL</p>	<p>13</p> <p>Tac-go Egg, Cheese, and Turkey Sausage on a Whole Grain Tortilla</p> <p>Fruit Choice</p> <p>Milk Choice</p>	<p>14</p> <p>Egg and Cheese Sandwich on a Whole Grain English Muffin</p> <p>Fruit Choice</p> <p>Milk Choice</p>	<p>15</p> <p>Mini Whole Grain Maple Pancakes, with Syrup</p> <p>Fruit Choice</p> <p>Milk Choice</p>	<p>16</p> <p>Warm Whole Grain Oatmeal</p> <p>Fruit Choice</p> <p>Milk Choice</p>

<p style="text-align: right;"><b>19</b></p> <p>Turkey Bacon, and Egg Whole Grain "Breakfast Pizza"</p> <p>Fruit Choice Milk Choice</p>	<p style="text-align: right;"><b>20</b></p> <p>Mini Whole Grain Maple Waffles, with Syrup</p> <p>Fruit Choice Milk Choice</p>	<p style="text-align: right;"><b>21</b></p> <p>EARLY RELEASE NO HOT BREAKFAST</p>	<p style="text-align: right;"><b>22</b></p> <p>THANKSGIVING RECESS</p>	<p style="text-align: right;"><b>23</b></p> <p>THANKSGIVING RECESS</p>
<p style="text-align: right;"><b>26</b></p> <p>Whole Grain Glazed Cinnamon French Toast with Syrup</p> <p>Fruit Choice Milk Choice</p>	<p style="text-align: right;"><b>27</b></p> <p>Tac-go Egg, Cheese, and Turkey Sausage on a Whole Grain Tortilla</p> <p>Fruit Choice Milk Choice</p>	<p style="text-align: right;"><b>28</b></p> <p>Egg and Cheese Sandwich on a Whole Grain English Muffin</p> <p>Fruit Choice Milk Choice</p>	<p style="text-align: right;"><b>29</b></p> <p>Mini Whole Grain Maple Pancakes, with Syrup</p> <p>Fruit Choice Milk Choice</p>	<p style="text-align: right;"><b>30</b></p> <p>Warm Whole Grain Oatmeal</p> <p>Fruit Choice Milk Choice</p>

We serve reduced sugar and whole grains every day!

All juices are 100% fruit juice with no added sugar!

Eating a nutritious breakfast helps everyone fuel up for success in the classroom and beyond!

**Breakfast is offered EVERY morning!**

*Although we make every effort to serve menus as planned, this menu may change without notice.*

**This Is An Equal Opportunity Institution**