

DECEMBER 2018 BREAKFAST KIT MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3	4	5	6	7
<p>Whole Grain Smart Choice Banana Muffin Whole Grain Giant Cinnamon Goldfish Grahams Unsweetened Applesauce Milk Choice</p>	<p>Whole Grain Rice Chex Sunflower Seeds 100% Juice Fruit Cup (Raisins may be substituted for Fruit Cup) Milk Choice</p>	<p>Whole Grain Cinnamon Toast Crunch Whole Grain Cinnamon Grahams 100% Apple Juice Raisins Milk Choice</p>	<p>Whole Grain Banana Muffin Low Fat Cheese Stick 100% Fruit Juice Fresh Apple Slices Milk Choice</p>	<p>Multigrain Cherrios Whole Grain Cheddar Goldfish 100% Fruit Juice Raisins Milk Choice</p>
10	11	12	13	14
<p>Whole Grain Apple Muffin Top Whole Grain Cinnamon Grahams Unsweetened Applesauce Raisins Milk Choice</p>	<p>Multigrain Cherrios Whole Grain Cheddar Goldfish 100% Fruit Juice Raisins Milk Choice</p>	<p>Whole Grain Cinnamon Toast Crunch Whole Grain Cinnamon Grahams 100% Apple Juice Raisins Milk Choice</p>	<p>Low Fat Fruited Yogurt Whole Grain Granola Raisins 100% Fruit Juice Milk Choice</p>	<p>Whole Grain Smart Choice Banana Muffin Whole Grain Giant Cinnamon Goldfish Grahams Unsweetened Applesauce Raisins Milk Choice</p>
17	18	19	20	21
<p>Whole Grain Rice Chex Sunflower Seeds 100% Juice Fruit Cup (Raisins may be substituted for Fruit Cup) Milk Choice</p>	<p>Whole Grain Apple Muffin Top Whole Grain Cinnamon Grahams Unsweetened Applesauce Raisins Milk Choice</p>	<p>Multigrain Cherrios Whole Grain Cheddar Goldfish 100% Fruit Juice Raisins Milk Choice</p>	<p>Sunbutter Cup Whole Grain Cinnamon Elf Grahams 100% Fruit Juice Fresh Apple Slices Milk Choice</p>	<p>Whole Grain Cinnamon Toast Crunch Whole Grain Cinnamon Grahams 100% Apple Juice Raisins Milk Choice</p>

<p>24</p> <p>WINTER RECESS</p>	<p>25</p> <p>WINTER RECESS</p>	<p>26</p> <p>WINTER RECESS</p>	<p>27</p> <p>WINTER RECESS</p>	<p>28</p> <p>WINTER RECESS</p>
<p>31</p> <p>WINTER RECESS</p>	 <p><i>Wishing you a joyous Holiday Season and a Prosperous New Year</i></p>			

We serve reduced sugar and whole grains every day!

All juices are 100% fruit juice with no added sugar!

**Eating a nutritious breakfast helps everyone fuel up for
success in the classroom and beyond!**

Did you know our schools offer Breakfast EVERY morning!?

Although we make every effort to
serve menus as planned, this
menu may change without notice.

This Is An Equal Opportunity Institution