

DECEMBER 2018

HOT BREAKFAST MENU K-8



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p style="text-align: right;">3</p> <p>Mini Whole Grain Maple Waffles, with Syrup</p> <p>Fruit Choice Milk Choice</p>	<p style="text-align: right;">4</p> <p>Turkey Bacon, and Egg Whole Grain "Breakfast Pizza"</p> <p>Fruit Choice Milk Choice</p>	<p style="text-align: right;">5</p> <p>Early Release Day "Build Your Own Breakfast" (see Menu)</p>	<p style="text-align: right;">6</p> <p>Mini Whole Grain Blueberry Pancakes, with Syrup</p> <p>Fruit Choice Milk Choice</p>	<p style="text-align: right;">7</p> <p>Warm Whole Grain Cheese Grits</p> <p>Fruit Choice Milk Choice</p>
<p style="text-align: right;">10</p> <p>Whole Grain Glazed Cinnamon French Toast with Syrup</p> <p>Fruit Choice Milk Choice</p>	<p style="text-align: right;">11</p> <p>Tac-go Egg, Cheese, and Turkey Sausage on a Whole Grain Tortilla</p> <p>Fruit Choice Milk Choice</p>	<p style="text-align: right;">12</p> <p>Egg and Cheese Sandwich on a Whole Grain English Muffin</p> <p>Fruit Choice Milk Choice</p>	<p style="text-align: right;">13</p> <p>Mini Whole Grain Maple Pancakes, with Syrup</p> <p>Fruit Choice Milk Choice</p>	<p style="text-align: right;">14</p> <p>Warm Whole Grain Oatmeal</p> <p>Fruit Choice Milk Choice</p>
<p style="text-align: right;">17</p> <p>Turkey Bacon, and Egg Whole Grain "Breakfast Pizza"</p> <p>Fruit Choice Milk Choice</p>	<p style="text-align: right;">18</p> <p>Mini Whole Grain Maple Waffles, with Syrup</p> <p>Fruit Choice Milk Choice</p>	<p style="text-align: right;">19</p> <p>Mini Whole Grain Blueberry Pancakes, with Syrup</p> <p>Fruit Choice Milk Choice</p>	<p style="text-align: right;">20</p> <p>Stuffed Whole Grain Croissant with Turkey Ham, Egg, and Cheese</p> <p>Fruit Choice Milk Choice</p>	<p style="text-align: right;">21</p> <p>Warm Whole Grain Cheese Grits</p> <p>Fruit Choice Milk Choice</p>

<p>24</p> <p>WINTER RECESS</p>	<p>25</p> <p>WINTER RECESS</p>	<p>26</p> <p>WINTER RECESS</p>	<p>27</p> <p>WINTER RECESS</p>	<p>28</p> <p>WINTER RECESS</p>
<p>31</p> <p>WINTER RECESS</p>				

We serve reduced sugar and whole grains every day!

“Build Your Own Breakfast” options also available daily!
 (please see menu for offerings)

Eating a nutritious breakfast helps everyone fuel up for
 success in the classroom and beyond!

Breakfast is offered EVERY morning!

Although we make every effort to
 serve menus as planned, this menu
 may change without notice.

This Is An Equal Opportunity Institution