

FEBRUARY 2019

BREAKFAST KIT MENU



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

				<p>1</p> <p>Multigrain Cheerios Whole Grain Cheddar Goldfish 100% Fruit Juice Raisins Milk Choice</p>
<p>4</p> <p>Whole Grain Apple Muffin Top Whole Grain Cinnamon Grahams Unsweetened Applesauce Raisins Milk Choice</p>	<p>5</p> <p>Multigrain Cheerios Whole Grain Elf Grahams 100 Fruit Juice Apple Slices Milk Choice</p>	<p>6</p> <p>Whole Grain Cinnamon Toast Crunch Whole Grain Cinnamon Grahams 100% Apple Juice Raisins Milk Choice</p>	<p>7</p> <p>Low Fat Fruited Yogurt Whole Grain Granola Apple Slices Raisins Milk Choice</p>	<p>8</p> <p>Whole Grain Rice Krispies Cereal Whole Grain Cinnamon Goldfish Grahams Unsweetened Applesauce Raisins Milk Choice</p>
<p>11</p> <p>Whole Grain Rice Chex Sunflower Seeds 100% Juice Apple Slices Milk Choice</p>	<p>12</p> <p>Whole Grain Apple Muffin Top Whole Grain Cinnamon Grahams Unsweetened Applesauce Raisins Milk Choice</p>	<p>13</p> <p>Wheat Crackers Sunbutter Cup 100% Fruit Juice Apple Slices Milk Choice</p>	<p>14</p> <p>Whole Grain Blueberry Muffin Low Fat Cheese Stick 100% Fruit Juice Apple Slices Milk Choice</p>	<p>15</p> <p>Whole Grain Cinnamon Toast Crunch Whole Grain Cinnamon Grahams 100% Apple Juice Raisins Milk Choice</p>

18	19	20	21	22
PRESIDENT'S DAY NO SCHOOL	PROFESSIONAL DEVELOPMENT DAY NO SCHOOL	Whole Grain Cinnamon Toast Crunch Whole Grain Cinnamon Grahams 100% Apple Juice Raisins Milk Choice	Low Fat Fruited Yogurt Whole Grain Granola Apple Slices Raisins Milk Choice	Multigrain Cheerios Whole Grain Elf Grahams 100% Fruit Juice Apple Slices Milk Choice
25	26	27	28	
Whole Grain Apple Muffin Top Whole Grain Cinnamon Grahams Unsweetened Applesauce Raisins Milk Choice	Multigrain Cheerios Whole Grain Elf Grahams 100% Fruit Juice Apple Slices Milk Choice	Whole Grain Cinnamon Toast Crunch Whole Grain Cinnamon Grahams 100% Apple Juice Raisins Milk Choice	Low Fat Fruited Yogurt Whole Grain Granola Apple Slices Raisins Milk Choice	

We serve reduced sugar and whole grains every day!

All juices are 100% fruit juice with no added sugar!

**Eating a nutritious breakfast helps everyone fuel up for
success in the classroom and beyond!**

Did you know our schools offer Breakfast EVERY morning!?

Although we make every effort to
serve menus as planned, this
menu may change without notice.

This Is An Equal Opportunity Institution