

# FEBRUARY 2019

## HOT BREAKFAST MENU GRADES K-8



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

				<p><b>1</b></p> <p>Warm Whole Grain Oatmeal</p> <p>Fruit Choice</p> <p>Milk Choice</p>
<p><b>4</b></p> <p>Mini Whole Grain Maple Waffles, with Syrup</p> <p>Fruit Choice</p> <p>Milk Choice</p>	<p><b>5</b></p> <p>Turkey Bacon, and Egg Whole Grain "Breakfast Pizza"</p> <p>Fruit Choice</p> <p>Milk Choice</p>	<p><b>6</b></p> <p>Mini Whole Grain Blueberry Pancakes, with Syrup</p> <p>Fruit Choice</p> <p>Milk Choice</p>	<p><b>7</b></p> <p>Stuffed Whole Grain Croissant with Turkey Bacon, Egg, and Cheese</p> <p>Fruit Choice</p> <p>Milk Choice</p>	<p><b>8</b></p> <p>Warm Whole Grain Cheese Grits</p> <p>Fruit Choice</p> <p>Milk Choice</p>
<p><b>11</b></p> <p>Whole Grain Glazed Cinnamon French Toast with Syrup</p> <p>Fruit Choice</p> <p>Milk Choice</p>	<p><b>12</b></p> <p>Tac-go Egg, Cheese, and Turkey Sausage on a Whole Grain Tortilla</p> <p>Fruit Choice</p> <p>Milk Choice</p>	<p><b>13</b></p> <p>Mini Whole Grain Maple Pancakes with Syrup</p> <p>Fruit Choice</p> <p>Milk Choice</p>	<p><b>14</b></p> <p>Egg and Cheese Sandwich on a Whole Grain English Muffin</p> <p>Fruit Choice</p> <p>Milk Choice</p>	<p><b>15</b></p> <p>Warm Whole Grain Oatmeal</p> <p>Fruit Choice</p> <p>Milk Choice</p>

<p style="text-align: right;"><b>18</b></p> <p>PRESIDENT'S DAY NO SCHOOL</p>	<p style="text-align: right;"><b>19</b></p> <p>PROFESSIONAL DEVELOPMENT DAY NO SCHOOL</p>	<p style="text-align: right;"><b>20</b></p> <p>Stuffed Whole Grain Croissant with Turkey Ham, Egg, and Cheese Fruit Choice Milk Choice</p>	<p style="text-align: right;"><b>21</b></p> <p>Mini Whole Grain Blueberry Pancakes, with Syrup Fruit Choice Milk Choice</p>	<p style="text-align: right;"><b>22</b></p> <p>Warm Whole Grain Sweet Grits Fruit Choice Milk Choice</p>
<p style="text-align: right;"><b>25</b></p> <p>Whole Grain Glazed Cinnamon French Toast with Syrup Fruit Choice Milk Choice</p>	<p style="text-align: right;"><b>26</b></p> <p>Tac-go Egg, Cheese, and Turkey Sausage on a Whole Grain Tortilla Fruit Choice Milk Choice</p>	<p style="text-align: right;"><b>27</b></p> <p>Mini Whole Grain Maple Pancakes with Syrup Fruit Choice Milk Choice</p>	<p style="text-align: right;"><b>28</b></p> <p>Egg and Cheese Sandwich on a Whole Grain English Muffin Fruit Choice Milk Choice</p>	

We serve reduced sugar and whole grains every day!

“Build Your Own Breakfast” options also available daily!

(please see menu for offerings)

Eating a nutritious breakfast helps everyone fuel up for  
success in the classroom and beyond!

**Breakfast is offered EVERY morning!**

Although we make every effort to  
serve menus as planned, this  
menu may change without notice.

**This Is An Equal Opportunity Institution**