

# MARCH 2019

## HOT BREAKFAST MENU GRADES 6-12



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<b>1</b> Whole Grain Oatmeal OR Whole Grain Pancakes with Syrup Scrambled Eggs Turkey Sausage Fruit Choice Milk Choice
<b>4</b> Snow Day	<b>5</b> Turkey Bacon, and Egg Whole Grain "Breakfast Pizza"  Fruit Choice Milk Choice	<b>6</b> EARLY RELEASE "Build Your Own Breakfast Only"	<b>7</b> Mini Whole Grain Blueberry Pancakes, with Syrup  Fruit Choice Milk Choice	<b>8</b> Warm Whole Grain Cheese Grits OR Scrambled Eggs Turkey Bacon Cheese Grits Fruit Choice Milk Choice
<b>11</b> Whole Grain Glazed Cinnamon French Toast with Syrup  Fruit Choice Milk Choice	<b>12</b> Tac-go Egg, Cheese, and Turkey Sausage on a Whole Grain Tortilla  Fruit Choice Milk Choice	<b>13</b> Egg and Cheese Sandwich on a Whole Grain English Muffin  Hash Brown Patty  Fruit Choice Milk Choice	<b>14</b> Mini Whole Grain Maple Pancakes with Syrup  Fruit Choice Milk Choice	<b>15</b> Whole Grain Oatmeal OR Whole Grain Pancakes with Syrup Scrambled Eggs Turkey Sausage Fruit Choice Milk Choice

<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
Mini Whole Grain Maple Waffles  Fruit Choice  Milk Choice	Turkey Bacon, and Egg Whole Grain "Breakfast Pizza"  Fruit Choice  Milk Choice	Mini Whole Grain Blueberry Pancakes, with Syrup  Fruit Choice  Milk Choice	Stuffed Whole Grain Croissant with Turkey Ham, Egg, and Cheese  Fruit Choice  Milk Choice	Warm Whole Grain Sweet Grits OR Scrambled Eggs Turkey Bacon Sweet Grits Fruit Choice Milk Choice
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
Whole Grain Glazed Cinnamon French Toast with Syrup  Fruit Choice  Milk Choice	Tac-go Egg, Cheese, and Turkey Sausage on a Whole Grain Tortilla  Fruit Choice  Milk Choice	Mini Whole Grain Maple Pancakes with Syrup  Fruit Choice  Milk Choice	Egg and Cheese Sandwich on a Whole Grain English Muffin  Hash Brown Patty  Fruit Choice  Milk Choice	Whole Grain Oatmeal OR Whole Grain Pancakes with Syrup Scrambled Eggs Turkey Sausage Fruit Choice Milk Choice

We serve reduced sugar and whole grains every day!

All juices are 100% fruit juice with no added sugar!

Every Breakfast comes with your choice of milk and fruit!

"Build Your Own Breakfast" options also available daily!  
(please see menu for offerings)

Eating a nutritious breakfast helps everyone fuel up for success in the classroom and beyond!

**Breakfast is offered EVERY morning!**

Although we make every effort to serve menus as planned, this menu may change without notice.

**This Is An Equal Opportunity Institution**