

MAY 2019

BREAKFAST KIT MENU



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

		1 Whole Grain Cinnamon Toast Crunch Whole Grain Cinnamon Grahams 100% Apple Juice Raisins Milk Choice	2 Low Fat Fruited Yogurt Whole Grain Granola Apple Slices Raisins Milk Choice	3 Whole Grain Rice Krispies Cereal Whole Grain Cinnamon Goldfish Grahams Unsweetened Applesauce Raisins Milk Choice
6 Whole Grain Rice Chex Sunflower Seeds 100% Juice Apple Slices Milk Choice	7 Whole Grain Apple Muffin Top Whole Grain Cinnamon Grahams Unsweetened Applesauce Raisins Milk Choice	8 Whole Grain Wheat Crackers Sunbutter Cup 100% Fruit Juice Apple Slices Milk Choice	9 Whole Grain Blueberry Muffin Low Fat Cheese Stick 100% Fruit Juice Apple Slices Milk Choice	10 Whole Grain Cinnamon Toast Crunch Whole Grain Cinnamon Grahams 100% Apple Juice Raisins Milk Choice
13 Whole Grain Banana Muffin Whole Grain Giant Cinnamon Goldfish Grahams Unsweetened Applesauce Raisins Milk Choice	14 Whole Grain Rice Chex Sunflower Seeds 100% Juice Apple Slices Milk Choice	15 Whole Grain Cinnamon Toast Crunch Whole Grain Cinnamon Grahams 100% Apple Juice Raisins Milk Choice	16 Low Fat Fruited Yogurt Whole Grain Granola Apple Slices Raisins Milk Choice	17 Multigrain Cheerios Whole Grain Elf Grahams 100% Fruit Juice Apple Slices Milk Choice

<p style="text-align: right;">20</p> <p>Whole Grain Apple Muffin Top Whole Grain Cinnamon Grahams Unsweetened Applesauce Raisins Milk Choice</p>	<p style="text-align: right;">21</p> <p>Multigrain Cheerios Whole Grain Elf Grahams 100% Fruit Juice Apple Slices Milk Choice</p>	<p style="text-align: right;">22</p> <p>Whole Grain Cinnamon Toast Crunch Whole Grain Cinnamon Grahams 100% Apple Juice Raisins Milk Choice</p>	<p style="text-align: right;">23</p> <p>Low Fat Fruited Yogurt Whole Grain Granola Apple Slices Raisins Milk Choice</p>	<p style="text-align: right;">24</p> <p>Whole Grain Rice Krispies Cereal Whole Grain Cinnamon Goldfish Grahams Unsweetened Applesauce Raisins Milk Choice</p>
<p style="text-align: right;">27</p> <p>MEMORIAL DAY NO SCHOOL</p>	<p style="text-align: right;">28</p> <p>Whole Grain Apple Muffin Top Whole Grain Cinnamon Grahams Unsweetened Applesauce Raisins Milk Choice</p>	<p style="text-align: right;">29</p> <p>Whole Grain Wheat Crackers Sunbutter Cup 100% Fruit Juice Apple Slices Milk Choice</p>	<p style="text-align: right;">30</p> <p>Whole Grain Blueberry Muffin Low Fat Cheese Stick 100% Fruit Juice Apple Slices Milk Choice</p>	<p style="text-align: right;">31</p> <p>Whole Grain Cinnamon Toast Crunch Whole Grain Cinnamon Grahams 100% Apple Juice Raisins Milk Choice</p>

We serve reduced sugar and whole grains every day!

All juices are 100% fruit juice with no added sugar!



**Eating a nutritious breakfast helps everyone fuel up for
success in the classroom and beyond!**

Breakfast is offered EVERY morning!

Although we make every effort to serve menus as planned, this menu may change without notice.

This Is An Equal Opportunity Institution