



# JUNE 2019

## HOT BREAKFAST MENU GRADES 6-12




MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3	4	5	6	7
<p>Whole Grain Glazed Cinnamon French Toast with Syrup</p> <p>Fruit Choice</p> <p>Milk Choice</p>	<p>Tac-go Egg, Cheese, and Turkey Sausage on a Whole Grain Tortilla</p> <p>Fruit Choice</p> <p>Milk Choice</p>	<p>Egg and Cheese Sandwich on a Whole Grain English Muffin</p> <p>Hash Brown Patty</p> <p>Fruit Choice</p> <p>Milk Choice</p>	<p>Mini Whole Grain Maple Pancakes with Syrup</p> <p>Fruit Choice</p> <p>Milk Choice</p>	<p>Whole Grain Oatmeal OR Whole Grain Pancakes with Syrup</p> <p>Scrambled Eggs</p> <p>Turkey Sausage</p> <p>Fruit Choice</p> <p>Milk Choice</p>
10	11	12	<p><i>Breakfast is offered EVERY morning!</i></p>  <div style="border: 1px solid black; padding: 10px; margin: 10px auto; width: fit-content;"> <p>"Build Your Own Breakfast" options also available daily!</p> </div>	
<p>Turkey Bacon, and Egg Whole Grain "Breakfast Pizza"</p> <p>Fruit Choice</p> <p>Milk Choice</p>	<p>Mini Whole Grain Maple Waffles, with Syrup</p> <p>Fruit Choice</p> <p>Milk Choice</p>	<p>EARLY RELEASE</p> <p>Please see "Build Your Own Breakfast" Menu</p>		

**Eating a nutritious breakfast helps everyone fuel up for success in the classroom and beyond!**

**We serve reduced sugar and whole grains every day!**

**All juices are 100% fruit juice with no added sugar!**

**Every Breakfast comes with your choice of milk and fruit!**

Although we make every effort to serve menus as planned, this menu may change without notice.

**This Is An Equal Opportunity Institution**