



JUNE 2019

HOT BREAKFAST MENU GRADES K-8


HARTFORD
 PUBLIC SCHOOLS
 Where the future is present.


MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

| | | | | |
|---|---|--|---|---|
| <p>3</p> <p>Whole Grain Glazed Cinnamon French Toast with Syrup</p> <p>Fruit Choice</p> <p>Milk Choice</p> | <p>4</p> <p>Tac-go Egg, Cheese, and Turkey Sausage on a Whole Grain Tortilla</p> <p>Fruit Choice</p> <p>Milk Choice</p> | <p>5</p> <p>Egg and Cheese Sandwich on a Whole Grain English Muffin</p> <p>Fruit Choice</p> <p>Milk Choice</p> | <p>6</p> <p>Mini Whole Grain Maple Pancakes with Syrup</p> <p>Fruit Choice</p> <p>Milk Choice</p> | <p>7</p> <p>Warm Whole Grain Oatmeal</p> <p>Fruit Choice</p> <p>Milk Choice</p> |
| <p>10</p> <p>Turkey Bacon, and Egg Whole Grain "Breakfast Pizza"</p> <p>Fruit Choice</p> <p>Milk Choice</p> | <p>11</p> <p>Mini Whole Grain Maple Waffles, with Syrup</p> <p>Fruit Choice</p> <p>Milk Choice</p> | <p>12</p> <p>EARLY RELEASE</p> <p>Please see "Build Your Own Breakfast" Menu</p> | <p><i>Breakfast is offered EVERY morning!</i></p>  <p>"Build Your Own Breakfast" options also available daily!</p> | |

Eating a nutritious breakfast helps everyone fuel up for success in the classroom and beyond!

We serve reduced sugar and whole grains every day!

All juices are 100% fruit juice with no added sugar!

Every Breakfast comes with your choice of milk and fruit!

Although we make every effort to serve menus as planned, this menu may change without notice.

This Is An Equal Opportunity Institution