

# AUGUST/SEPTEMBER 2019 BREAKFAST KITS MENU

Monday	Tuesday	Wednesday	Thursday	Friday
	<i>August 27</i>	28	29	30
	Multigrain Cheerios Whole Grain Elf Grahams 100% Fruit Juice Apple Slices Milk Choice	Whole Grain Cinnamon Toast Crunch Whole Grain Cinnamon Grahams 100% Apple Juice Raisins Milk Choice	Low Fat Fruited Yogurt Whole Grain Granola Apple Slices Raisins Milk Choice	Whole Grain Rice Krispies Cereal Whole Grain Cinnamon Goldfish Grahams Unsweetened Applesauce Raisins Milk Choice
2	3	4	5	6
LABOR DAY NO SCHOOL	Whole Grain Apple Muffin Top Whole Grain Cinnamon Grahams Unsweetened Applesauce Raisins Milk Choice	Whole Grain Wheat Crackers Sunbutter Cup 100% Fruit Juice Milk Choice	Whole Grain Blueberry Muffin Low Fat Cheese Stick 100% Fruit Juice Apple Slices Milk Choice	Whole Grain Cinnamon Toast Crunch Whole Grain Cinnamon Grahams 100% Apple Juice Raisins Milk Choice
9	10	11	12	13
Whole Grain Banana Muffin Whole Grain Giant Cinnamon Goldfish Grahams Unsweetened Applesauce Raisins Milk Choice	Whole Grain Rice Chex Sunflower Seeds 100% Fruit Juice Apple Slices Milk Choice	Whole Grain Cinnamon Toast Crunch Whole Grain Cinnamon Grahams 100% Apple Juice Raisins Milk Choice	Low Fat Fruited Yogurt Whole Grain Granola Apple Slices Raisins Milk Choice	Multigrain Cheerios Whole Grain Elf Grahams 100% Fruit Juice Apple Slices Milk Choice

back to school back to school back to school



<p>16</p> <p>Whole Grain Apple Muffin Top Whole Grain Cinnamon Grahams Unsweetened Applesauce Raisins Milk Choice</p>	<p>17</p> <p>Multigrain Cheerios Whole Grain Elf Grahams 100% Fruit Juice Apple Slices Milk Choice</p>	<p>18</p> <p>Whole Grain Cinnamon Toast Crunch Whole Grain Cinnamon Grahams 100% Apple Juice Raisins Milk Choice</p>	<p>19</p> <p>Low Fat Fruited Yogurt Whole Grain Granola Apple Slices Raisins Milk Choice</p>	<p>20</p> <p>Whole Grain Rice Krispies Cereal Whole Grain Cinnamon Goldfish Grahams Unsweetened Applesauce Raisins Milk Choice</p>
<p>23</p> <p>Whole Grain Rice Chex Sunflower Seeds 100% Fruit Juice Apple Slices Milk Choice</p>	<p>24</p> <p>Whole Grain Apple Muffin Top Whole Grain Cinnamon Grahams Unsweetened Applesauce Raisins Milk Choice</p>	<p>25</p> <p>Whole Grain Wheat Crackers Sunbutter Cup 100% Fruit Juice Milk Choice</p>	<p>26</p> <p>Whole Grain Blueberry Muffin Low Fat Cheese Stick 100% Fruit Juice Apple Slices Milk Choice</p>	<p>27</p> <p>Whole Grain Cinnamon Toast Crunch Whole Grain Cinnamon Grahams 100% Apple Juice Raisins Milk Choice</p>
<p>30</p> <p>Whole Grain Banana Muffin Whole Grain Cinnamon Goldfish Grahams Unsweetened Applesauce Raisins Milk Choice</p>				

# Breakfast is offered EVERY morning!

We serve reduced sugar and whole grains every day!

All juices are 100% fruit juice with no added sugar!

Every breakfast comes with your choice of milk and fruit!



Eating a nutritious breakfast helps everyone fuel up for success in the classroom and beyond!

This Is An Equal Opportunity Institution

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