

AUGUST/SEPTEMBER 2019

HOT BREAKFAST MENU 6-12

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| | <p style="text-align: right;">August 27</p> <p>Mini Whole Grain Maple Waffles, with Syrup</p> <p>Fruit Choice Milk Choice</p> | <p style="text-align: right;">28</p> <p>Turkey Sausage, Egg & Cheese Breakfast Sliders</p> <p>Fruit Choice Milk Choice</p> | <p style="text-align: right;">29</p> <p>Mini Whole Grain Maple Pancakes with Syrup</p> <p>Fruit Choice Milk Choice</p> | <p style="text-align: right;">30</p> <p>Warm Whole Grain Grits OR Scrambled Eggs Whole Grain Grits Chicken Sausage Patty Fruit Choice Milk Choice</p> |
| <p style="text-align: center;">September 2</p> <p>NO SCHOOL LABOR DAY</p>  | <p style="text-align: right;">3</p> <p>Tac-go Egg, Cheese, and Turkey Sausage on a Whole Grain Tortilla</p> <p>Fruit Choice Milk Choice</p> | <p style="text-align: right;">4</p> <p>Mini Whole Grain Maple Pancakes with Syrup</p> <p>Fruit Choice Milk Choice</p> | <p style="text-align: right;">5</p> <p>Egg and Cheese Sandwich on a Whole Grain English Muffin</p> <p>Fruit Choice Milk Choice</p> | <p style="text-align: right;">6</p> <p>Whole Grain Oatmeal OR Whole Grain Pancakes with Syrup Scrambled Eggs Chicken Sausage Patty Fruit Choice Milk Choice</p> |
| <p style="text-align: right;">9</p> <p>Mini Whole Grain Maple Waffles, with Syrup</p> <p>Fruit Choice Milk Choice</p> | <p style="text-align: right;">10</p> <p>Turkey Bacon, and Egg Whole Grain "Breakfast Pizza"</p> <p>Fruit Choice Milk Choice</p> | <p style="text-align: right;">11</p> <p>EARLY RELEASE Please see "Build Your Own Breakfast" Menu</p> | <p style="text-align: right;">12</p> <p>Mini Whole Grain Maple Pancakes with Syrup</p> <p>Fruit Choice Milk Choice</p> | <p style="text-align: right;">13</p> <p>Warm Whole Grain Grits OR Scrambled Eggs Whole Grain Grits Chicken Sausage Patty Fruit Choice Milk Choice</p> |



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| <p style="text-align: right;">16</p> <p>Whole Grain Glazed Cinnamon French Toast with Syrup Fruit Choice Milk Choice</p> | <p style="text-align: right;">17</p> <p>Tac-go Egg, Cheese, and Turkey Sausage on a Whole Grain Tortilla Fruit Choice Milk Choice</p> | <p style="text-align: right;">18</p> <p>Egg and Cheese Sandwich on a Whole Grain English Muffin Fruit Choice Milk Choice</p> | <p style="text-align: right;">19</p> <p>Mini Whole Grain Maple Pancakes with Syrup Fruit Choice Milk Choice</p> | <p style="text-align: right;">20</p> <p>Whole Grain Oatmeal OR Whole Grain Pancakes with Syrup Scrambled Eggs Chicken Sausage Patty Fruit Choice Milk Choice</p> |
| <p style="text-align: right;">23</p> <p>Turkey Bacon, and Egg Whole Grain "Breakfast Pizza" Fruit Choice Milk Choice</p> | <p style="text-align: right;">24</p> <p>Mini Whole Grain Maple Waffles, with Syrup Fruit Choice Milk Choice</p> | <p style="text-align: right;">25</p> <p>Turkey Sausage, Egg & Cheese Breakfast Sliders Fruit Choice Milk Choice</p> | <p style="text-align: right;">26</p> <p>Mini Whole Grain Maple Pancakes with Syrup Fruit Choice Milk Choice</p> | <p style="text-align: right;">27</p> <p>Warm Whole Grain Grits OR Scrambled Eggs Whole Grain Grits Chicken Sausage Patty Fruit Choice Milk Choice</p> |
| <p style="text-align: right;">30</p> <p>Whole Grain Glazed Cinnamon French Toast with Syrup Fruit Choice Milk Choice</p> | <h1>Breakfast is offered EVERY morning!</h1> | | | |

We serve reduced sugar and whole grains every day!

All juices are 100% fruit juice with no added sugar!

Every breakfast comes with you choice of milk and fruit!

Eating a nutritious breakfast helps everyone fuel up for success in the classroom and beyond!

This Is An Equal Opportunity Institution

