



OCTOBER 2020



BREAKFAST KIT MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

			1 Whole Grain Muffin Low Fat Cheese Stick Apple Sauce Apple Slices Milk Choice	2 Whole Grain Cinnamon Toast Crunch Whole Grain Scooby Doo Snack 100% Fruit Juice Apple Sauce Milk Choice
5 Whole Grain Giant Cinnamon Goldfish Cheese Stick 100% Fruit Juice Apple Sauce Milk Choice	6 Multigrain Cheerios Whole Grain Elf Grahams 100% Fruit Juice Apple Slices Milk Choice	7 Whole Grain Banana Bread 100% Fruit Juice Apple Sauce Milk Choice	8 Low Fat Fruited Yogurt Whole Grain Granola Apple Slices 100% Fruit Juice Milk Choice	9 Malt-O-Meal Honey Scooters Whole Grain Scooby Doo Snack Applesauce Apple Slices Milk Choice
12 PROFESSIONAL LEARNING NO SCHOOL	13 Whole Grain Bagel Sunbutter Cup Apple Sauce Apple Slices Milk Choice	14 Strawberry Shredded Wheat Cereal Lemon Blueberry Crispy Bites 100% Fruit Juice Apple Sauce Milk Choice	15 Whole Grain Muffin Low Fat Cheese Stick Apple Sauce Apple Slices Milk Choice	16 Whole Grain Cinnamon Toast Crunch Whole Grain Scooby Doo Snack 100% Fruit Juice Apple Sauce Milk Choice





<p style="text-align: center;">19</p> <p>Whole Grain Giant Cinnamon Goldfish Cheese Stick 100% Fruit Juice Apple Sauce Milk Choice</p>	<p style="text-align: center;">20</p> <p>Multigrain Cheerios Whole Grain Elf Grahams 100% Fruit Juice Apple Slices Milk Choice</p>	<p style="text-align: center;">21</p> <p>Whole Grain Banana Bread 100% Fruit Juice Apple Sauce Milk Choice</p>	<p style="text-align: center;">22</p> <p>Low Fat Fruited Yogurt Whole Grain Granola Apple Slices 100% Fruit Juice Milk Choice</p>	<p style="text-align: center;">23</p> <p>Malt-O-Meal Honey Scooters Whole Grain Scooby Doo Snack Applesauce Apple Slices Milk Choice</p>
<p style="text-align: center;">26</p> <p>Whole Grain Rice Chex Cheese Stick 100% Fruit Juice Apple Slices Milk Choice</p>	<p style="text-align: center;">27</p> <p>Whole Grain Bagel Sunbutter Cup Apple Sauce Apple Slices Milk Choice</p>	<p style="text-align: center;">28</p> <p>Strawberry Shredded Wheat Cereal Lemon Blueberry Crispy Bites 100% Fruit Juice Apple Sauce Milk Choice</p>	<p style="text-align: center;">29</p> <p>Whole Grain Muffin Low Fat Cheese Stick Apple Sauce Apple Slices Milk Choice</p>	<p style="text-align: center;">30</p> <p>Whole Grain Cinnamon Toast Crunch Whole Grain Scooby Doo Snack 100% Fruit Juice Apple Sauce Milk Choice</p>

Breakfast is offered EVERY morning!



We serve reduced sugar and whole grains every day!

All juices are 100% fruit juice with no added sugar!

Every breakfast comes with you choice of milk and fruit!

Eating a nutritious breakfast helps everyone fuel up for success in the classroom and beyond!

This Is An Equal Opportunity Institution

