

NOVEMBER 2021 BREAKFAST MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>1</p> <p>Whole Grain Muffin Low Fat Cheese Stick 100% Fruit Juice Fruit Choice Milk Choice</p>	<p>2</p> <p>PROFESSIONAL LEARNING NO SCHOOL</p>	<p>3</p> <p>Whole Grain Banana Bread Applesauce Fruit Choice Milk Choice</p>	<p>4</p> <p>Low Fat Fruited Yogurt Whole Grain Granola Apple Slices Fruit Choice Milk Choice OR Whole Grain Mini Pancakes</p>	<p>5</p> <p>Malt-O-Meal Honey Scooters Whole Grain Cinnamon Goldfish Grahams Craisins Fruit Choice Milk Choice</p>
<p>8</p> <p>Whole Grain Rice Krispies Whole Grain All Sports Bites Craisins Fruit Choice Milk Choice</p>	<p>9</p> <p>Whole Grain Cinnamon Roll Applesauce Fruit Choice Milk Choice OR Whole Grain Turkey Ham & Cheese Sandwich</p>	<p>10</p> <p>Whole Grain Reduced Sugar Cinnamon Toast Crunch Whole Grain Elf Grahams Craisins Fruit Choice Milk Choice</p>	<p>11</p> <p>NO SCHOOL VETERAN'S DAY</p>	<p>12</p> <p>Whole Grain Blueberry Bread 100% Fruit Juice Fruit Choice Milk Choice</p>
<p>15</p> <p>Whole Grain Muffin Low Fat Cheese Stick 100% Fruit Juice Fruit Choice Milk Choice</p>	<p>16</p> <p>Multigrain Cheerios Whole Grain Elf Grahams Craisins Fruit Choice Milk Choice OR Tac-Go, Cheese, Egg Turkey Sausage on a Whole Grain Tortilla</p>	<p>17</p> <p>Whole Grain Banana Bread Applesauce Fruit Choice Milk Choice</p>	<p>18</p> <p>Low Fat Fruited Yogurt Whole Grain Granola Apple Slices Fruit Choice Milk Choice OR Whole Grain Mini Pancakes</p>	<p>19</p> <p>Malt-O-Meal Honey Scooters Whole Grain Cinnamon Goldfish Grahams Craisins Fruit Choice Milk Choice</p>



<p style="text-align: right;">22</p> <p>Whole Grain Rice Chex OR Rice Krispies Whole Grain All Sports Bites Craisins Fruit Choice Milk Choice</p>	<p style="text-align: right;">23</p> <p>Whole Grain Cinnamon Roll Applesauce Fruit Choice Milk Choice OR Whole Grain Mini Waffles</p>	<p style="text-align: right;">24</p> <p>Whole Grain Reduced Sugar Cinnamon Toast Crunch Whole Grain Elf Grahams Craisins Fruit Choice Milk Choice</p>	<p style="text-align: right;">25</p> <p style="text-align: center;">THANKSGIVING RECESS</p>	<p style="text-align: right;">26</p> <p style="text-align: center;">THANKSGIVING RECESS</p>
<p style="text-align: right;">29</p> <p>Whole Grain Muffin Low Fat Cheese Stick 100% Fruit Juice Fruit Choice Milk Choice</p>	<p style="text-align: right;">30</p> <p>Multigrain Cheerios Whole Grain Elf Grahams Craisins Fruit Choice Milk Choice OR Tac-Go, Cheese, Egg Turkey Sausage on a Whole Grain Tortilla</p>	<p>We serve reduced sugar and whole grains every day!</p> <p>All juices are 100% fruit juice with no added sugar!</p> <p>Every Breakfast comes with your choice of milk and fruit!</p>		

**Eating a nutritious breakfast helps everyone fuel up
for success in the classroom and beyond!**

Breakfast is offered EVERY morning!

*Although we make every effort to
serve menus as planned, this menu
may change without notice.*

This Is An Equal Opportunity Institution