

DECEMBER 2021 BREAKFAST MENU



Where the future is present.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

		1 Strawberry Shredded Wheat Cereal Whole Grain Scooby Do Graham Sticks Craisins Apple Slices Milk Choice	2 Whole Grain Muffin Low Fat Cheese Stick Applesauce 100% Fruit Juice Milk Choice OR Mini Whole Grain Pancakes with Syrup	3 Whole Grain Reduced Sugar Cinnamon Toast Crunch Whole Grain Elf Grahams Craisins 100% Fruit Juice Milk Choice
6 Whole Grain Giant Cinnamon Goldfish Graham Low Fat Cheese Stick Craisins 100% Fruit Juice Milk Choice	7 Multigrain Cheerios Whole Grain Elf Grahams 100% Fruit Juice Apple Slices Milk Choice OR Whole Grain Turkey Ham & Cheese Croissant Sandwich	8 Whole Grain Banana Bread 100% Fruit Juice Craisins Milk Choice	9 Low Fat Fruited Yogurt Whole Grain Granola Apple Slices Craisins Milk Choice OR Whole Grain Mini Pancakes	10 Malt-O-Meal Honey Scooters Whole Grain Cinnamon Goldfish Grahams Applesauce Craisins Milk Choice
13 Whole Grain Rice Chex Low Fat Cheese Stick 100% Fruit Juice Apple Slices Milk Choice	14 Whole Grain Cinnamon Roll Applesauce Craisins Milk Choice OR Whole Grain Bacon & Egg Breakfast Pizza	15 Strawberry Shredded Wheat Cereal Whole Grain Scooby Do Graham Sticks Craisins Apple Slices Milk Choice	16 Whole Grain Muffin Low Fat Cheese Stick Applesauce 100% Fruit Juice Milk Choice OR Mini Whole Grain Pancakes with Syrup	17 Whole Grain Reduced Sugar Cinnamon Toast Crunch Whole Grain Elf Grahams Craisins 100% Fruit Juice Milk Choice

20 Whole Grain Rice Krispies Low Fat Cheese Stick 100% Fruit Juice Apple Slices Milk Choice	21 Whole Grain Banana Bread 100% Fruit Juice Craisins Milk Choice OR Whole Grain Mini Waffles	22 Whole Grain Reduced Sugar Cinnamon Toast Crunch Whole Grain Elf Grahams Applesauce 100% Fruit Juice Milk Choice	23 Whole Grain Muffin Low Fat Cheese Stick Appleslices 100% Fruit Juice Milk Choice OR Whole Grain Chicken Sausage Egg and Cheese English Muffin	24 WINTER RECESS
27 WINTER RECESS	28 WINTER RECESS	29 WINTER RECESS	30 WINTER RECESS	31 WINTER RECESS

**Breakfast is offered
EVERY morning!**

We serve reduced sugar and whole grains every day!
All juices are 100% fruit juice with no added sugar!
Every Breakfast comes with your choice of milk and fruit!

**Eating a nutritious breakfast helps everyone fuel up
for success in the classroom and beyond!**

*Although we make every effort to serve
menus as planned, this menu may
change without notice.*

This Is An Equal Opportunity Institution