

Worksheet 4: Summary of Findings

This document assists local educational agencies (LEAs) with meeting the U.S. Department of Agriculture’s (USDA) triennial assessment requirements for the LSWP. For information on the triennial assessment process, refer to *Guidance for School Wellness Policy Triennial Assessment*. For additional worksheets, visit the “What’s Next” section of the CSDE’s School Wellness Policies webpage.



This worksheet can be used to create narrative descriptions to post alongside sections from **Worksheet 3: Identifying Connections between Policy and Practice**. The purpose of these narratives is to describe the LEA’s progress toward meeting their wellness goals. Not all districts will have information to share in all four sections. Note: in Section 3 and Section 4, the LEA is only required to comment on federally required items, but may add information about other wellness topics if desired.

Section 1 (Strong Policies and Aligned Practices). If applicable, write a narrative below to describe your district’s areas of success in meeting its wellness goals.

Nutrition Education:
Policy and Practice are aligned for all federally requirements and nutrition and health education are implemented in a sequential, standards-based, age-appropriate curriculum. Student wellness is at the core of student learning and success in school and beyond. Achieving wellness and balancing all aspects of the student: physical, social and emotional health is emphasized. Hartford Public Schools is dedicated to optimizing student performance potential by continuously improving our wellness model.

Standards for USDA Child Nutrition Programs and School Meals:
Strong practice and policy are in place for all federal and state requirements. HHFKA regulations are fully implemented, breakfast and lunch are offered daily to all HPS students free of charge through the Community Eligibility Program (CEP), and therefore there is no inherent identification or stigma associated with F/R meals unpaid balanced. Drinking water is available to students free of charge. New water fountains have been installed throughout the district to accommodate student water bottles. All FCNS staff is trained yearly and Professional Standards are met or exceeded. A strong Farm to School procurement program is in place and local growers and businesses are supported. All foods served/sold to students meet the Connecticut Nutrition Standards/Smart Snacks standards. Promotion is conducted for local items and nutrient dense foods such as low fat dairy and vegetables.

Physical Education Physical Activity: (PEPA)
Strong policy and practice are in place for all federally requirements. Curriculum, recess and time allotted to PEPA are all addressed in full. Physical activity is never used as punishment. Physical activity is integrated across the school day. Wellness of the whole student is emphasized.

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Section 2 (Create Practice Implementation Plans). If applicable, write a narrative below to describe how your district will create practice implementation plans to ensure full compliance with all elements of the LSWP.

All federal requirements are currently being met in full but plans are in place to exceed them.

The Wellness Committee is in the process of conducting a district wide school-based survey to be administered in Spring 2023 which will be used in planning and targeting additional training and activities to support policy goals. This new information will be compared to base-line data that was collected in the 2018-2019 school year, prior to the Covid 19 pandemic. There are also plans in place to assure that Wellness policy updates are more easily accessible to the public. (In the Arts and Wellness section of the HPS website). Wellness committee leadership has met to discuss recent turnover in staff and to assure all required roles are fulfilled. Invitations have been extended to other key community stakeholders such as community members e.g. individuals involved in local F2S efforts.

Section 3 (Update Policies). If applicable, write a narrative below to describe how the district will update its policy to include all federally required items. You may also add plans for additional policy updates if desired.

Not applicable at this time.

Section 4 (Opportunities for Growth). If applicable, write a narrative below to describe how your district will update its policy and practices to include all federally required items. You may also add plans for additional wellness goals if desired.

Not applicable at this time.

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For information on the USDA's LSWP requirements, visit the Connecticut State Department of Education's (CSDE) [School Wellness Policies](#) website and the Rudd Center's [WELLSAT](#) website, or contact the [school nutrition programs staff](#) at the Connecticut State Department of Education, School Health, Nutrition and Family Services, 450 Columbus Boulevard, Suite 504, Hartford, CT 06103-1841.

This document is available at https://portal.ct.gov/-/media/SDE/Nutrition/SWP/Worksheet_4_Summarizing_Findings.docx.



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